



A Publication by Jain Society of Metropolitan Washington



www.jsmw.org

JAIN SOCIETY OF METROPOLITAN WASHINGTON

A NON-PROFIT TAX-EXEMPT RELIGIOUS ORGANIZATION, ID #54-1139623

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LEADERSHIP MESSAGE

Jai Jinendra!

Our Mahavir Janma Kalyanak Program is a success year after year. This year, the team executed the program flawlessly, with the help of participants, teachers, parents, and volunteers of all ages. The event featured skits, dances, and other performances by children and adults. We were able to raise over \$300,000 (pledges and labhs) for our new Jain Center. We are grateful to all our donors. Please help us reach our fundraising goal by fulfilling your labhs and pledges as soon as possible, and by continuing to donate.

Our dream project is becoming a reality thanks to your help and support. We are thrilled with the progress that has been made on the New Jain Center project in the past few months. All teams are working hand in hand to get the temple ready, and we are regularly sharing updates via email and video to keep everyone excited about the project.

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We invite you to join us in celebrating Paryushan Parva from September 12th through September 19th, with Shri Anantbhai Lalit Dhami & Sampratibhai Shah. On Saturday, September 16th, we will celebrate Mahavir Janma vanchan & Swapna Darshan. On September 19th, we will observe Samvatsari Pratikraman. Daslakshan will be celebrated from September 19th through September 28th. We hope to see you at the Jain Center during these celebrations.

I highly encourage and invite you to support us by volunteering in any capacity you can. We look forward to your engagement and feedback. Please feel free to reach out to me at President@jainsocietydc.org.

Vishal Mehta, President, Executive Committee

TRUSTEE'S MESSAGE

Construction for the first phase of our New Jain Center is in full swing with amazing progress made every week. The temple complex with beautiful Marble Shikhars looks great. If you have not seen the construction progress, do plan to go to the new temple site to see the tremendous progress made so far. Our Construction Committee along with India team, other volunteer teams and contractors are working very hard, and we are certainly grateful to all volunteers and donors for their support and contribution to this project. Together, we are creating a remarkable landmark that will serve as a beacon of knowledge, spirituality, and community for generations to come.

To complete the project successfully, we do need your financial support now; please send your donations and/or interest-free loans now. We urge you to start making your donations right now into the "General Fund" which is specially created to allow you to use your donation for any Labhs in the future. Let us all work together towards achieving our dream project of building an excellent New Jain Center with Shikharbandi Temple.

Manoj Dharamsi, Chairman, Board of Trustees

NEW TEMPLE UPDATE

Construction of our New Jain Center in next nine to fourteen months will be very critical. In addition to DD&B building construction work, Marble and FRP installation will be in full swing. Marble carving, Wooden Doors, Paat, and shipping of marble/FRP from India is going on in full swing with progressive updates each week. Each day passing, we are coming closer to Pratishtha Mahotsav.

Thank you to the entire Temple Committee and various sub-committees for their hard work and dedication. Let us all continue to work together to make our dreams turn into reality.



Key Activities:

- CLIN 1 Construction (Foundation/Slab on Grade work) completed on October 30th, 2021.
- CLIN 2 (Temple/Religious Complex/Phase 1A) Super Structure Construction Work is completed, Interior Finish work is in-progress.
- Contractor will complete Jain Center work by October 2023. They will remobilize after we finish marble and FRP Installation next year.
- Marble Work from India
- Outside Mandovar Layer 1 to 5 are received and installed. All four shikhars are installed.
- Layers 6 and 7 are in containers 17,18,19, and 20 shipped from Makarana and will arrive 1st week in September.
- Remaining layers 8,9 and 10 Preassembly in progress at Makarana, will arrive by October/November.
- There are about 80% of outside marble work. The remaining 20% of outside yet to fabricate.
- Inside marble carving will start sometime in August/September in Makarana.

- FRP Work from India
- Outside domes and chhaja received and installed. All inside ceiling and one large dome received.
- Second Large dome and Jain Center outside FRP elements will arrive by end of year.
- A/V Security & Telecommunication Contract (Clear Connection): Interior conduit and low voltage wiring is completed. Equipment (Cameras/Telecommunication/Security) will be installed in the next two to three months.
- Remaining Sitework and Landscaping/Fencing work will start in March 2024 after finishing outside marble installation.

Occupancy Permit:

- Sompura in India updating drawings for inside and outside remaining marble.
- Revised drawings will be issued to Marble manufacturer by September 2023.
- Marble will be carved and assemble by March April 2024.
- Last shipment of marble arrives at our side by June 2024.
- Installation can be completed by August 2024.
- 60 days to receive the occupancy permit.
- Because of India items (Marble/Inlay work/Wooden Doors/Roopkam) Occupancy Permit most likely will be October/November 2024.

Policy Sub-Committee:

The Policy Sub-Committee has prepared Initial Draft Policy Documents for (a) Facility Usage and Renting Policy, (b) Performing Pooja and other Rituals, (c) Food Policy, (d) Visiting Scholars and (e) Education Policy. Received feedback on the Draft Education Policy from the Education Directors & some teachers and are in the process of revising our draft Education Policy based on the feedback received.

Process Sub-Committee:

Documentation is hard work, and most volunteers had other commitments with JSMW. The group has stopped its efforts and has recommended reallocating the function elsewhere. This sub-committee's deliverables so far will be transitioned to the Executive Committee.

If you are ever in the area, please swing by the construction site and visualize our grand New Temple and Jain Center standing there in just a few years.

Arvind Shah (Chair, Temple Committee)

PRATISHTHA UPDATE

The Pratishtha Core team is continuing the planning. 26 teams have been initiated. Thank you all for your participation in various teams. Based on the new temple construction progress, it appears that the Pratishtha will lead into early 2025. Temple Committee and Construction team will be providing regular updates. For regular updates, please visit www.jsmw.org/pratishtha.

Harshid Shah (Lead, Pratishtha Team)

PATHSHALA UPDATE

Back to school and back to Pathshala. We'd like to first share updates from this past summer and then share with you information about the upcoming 2023-2024 Pathshala year.

Congratulations to recent Pathshala graduates!!

We ended another amazing Pathshala year with a celebration and graduation event on June 4th. Big congrats to our Class G graduates! The following students successfully completed JSMW's Pathshala program. JSMW recognized each student with a graduation gift and had an opportunity to hear from these students as they expressed what being in Pathshala has meant to them.



- Aadi Doshi
- Amara Shah
- Dhwani Jain
- Harshvi Shah
- Jaini Chheda

- Maneet Mehta
- Neil Shah
- Raina Shah
- Rishab Jain
- Samkit Doshi

Kudos to all our parent volunteers who have supported our Pathshala program leading events and activities for our children throughout the year. We had a chance to recognize our volunteers to include our Lunch Team, Registration Team, Books Distribution Team, Events Team, Summer Essay Coordinators, Spring Camp Coordinators, and of course all our Pathshala, Language, and Sutra teachers. Hats off to every Pathshala member for making this another grand year.

Summer Essay Competition

JSMW's annual summer competition was another great success. This year's topics encouraged our students to really think about how they apply Jain principles in their daily lives. 1st place winners will receive a \$101 Amazon Gift Card and they will be announced during this Swapna Ceremony in September. Check out these intriguing topics!

- B1 / B2 / C1: Applying Jain Principles to the 3 R's Reduce, Reuse, and Recycle
- C2 / D1 / D2: Jain practices for a healthy mind, body, and soul
- E1 / E2 / G: Jainism: Connecting to future generations.

2023-2024 Pathshala Information

Registration has begun for the 2023-2024 Pathshala year. If you'd like to register, or learn more, please contact our registration team at Pathshala-Registration@JainSocietyDC.org or our Education Director at Education@JainSocietyDC.org. Please make note of the 2023-2024 Pathshala dates and please thank our dedicated teachers and volunteers.

Pathshala Confirmed Dates 2023-2024 (asterisk * dates = back-to-back and red dates = parv tithi)

- Oct 1, 15, 29
- Nov 5*, 19 (Jnan Panchami 11/5, Diwali 11/19)
- Dec 3, 17 (Dec 17 = JSMW Annual General Body Meeting)
- Jan 7, 21
- Feb 4, 18
- Mar 3, 17
- Apr 7, 21 (MJK TBD)
- May 5, 19
- Jun 2, 9* (Jun 2nd Finals, Jun 9 = End of Year Celebration)

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Class	Teacher	Teacher Contact Info
Director of Education	Monica Shah	Education@jainsocietydc.org
Nursery	TBD	Nursery-Class@JainSocietyDC.org
Pre-Alpha	Dhara Shah & Mamta Shah	Prealpha-Class@JainSocietyDC.org
A1	Dhruti Shah	A1-Class@JainSocietyDC.org
A2	Nirali Mehta & Vaishali Chheda Student Aide: Raina Shah	A2-Class@JainSocietyDC.org
B1	Janki Shah / Poonam Jain / Sonal Sheth	B1-Class@JainSocietyDC.org
B2	Stuti Shah / Saritha Surendramal (Golecha) Mentor - Nita Shah	B2-Class@JainSocietyDC.org
C1	Jhalak Mehta / Monica Shah Student Aide: Neil Shah	C1-Class@JainSocietyDC.org
C2	Ami Mehul Doshi & Ami Jatin Shah Student Aide: Harshvi Shah	C2-Class@JainSocietyDC.org
D1	Rakhi Shah & Palak Shah Student Aide: Jaini Chheda	D1-Class@JainSocietyDC.org
D2	Ripal Shah & Anupa Maru Student Aide: Samkit Doshi	D2-Class@JainSocietyDC.org
E1 & E2	Megha Doshi & Mahaveer Prabhu Student Aides: Maneet Mehta & Khushi Doshi	E-Class@JainSocietyDC.org
G	Priyal Gandhi Student Aide: Syna Lodaya & Parth Mehta; Substitute: Mansi Shah	G-Class@JainSocietyDC.org
Hindi Class	Shweta Jain / Pulkit Gangwal / Poonam Jain Student Aide: Raj Bhansali	Hindi-Class@JainSocietyDC.org
Gujarati Class	Monali Shah / Kamlesh Shah / Ujjval Shah	Gujarati-Class@JainSocietyDC.org
Student Sutra Class	Nimesh Chheda (Lead) Palak Shah / Payal Jain / Parul Jain Harshil Jain / Mily Mehta / Viral Shah / Nita K. Shah	Sutra-Class@JainSocietyDC.org

JAINA CONVENTION 2023 - JSMW INVOLVEMENT - UPDATE

Several JSMW members received awards as follows:



- Atul Shah and Gita Shah received the JAINA Adult Awards
- Disha Ajmera and Yashvi Shah received the JAINA Youth Awards
- Savita Jain received the JAINA Presidential Award
- Kashvi Mehta, Harshvi Shah, and Kavya Zaveri won 1st prize in Jains Got Talent in below 18 group performance (Picture attached)
- Sharmila Shah won Jains Got Talent in her Adult Solo performance

JAB is the Jain Academic Bowl competition held biannually at the JAINA convention with teams competing from across the United States. This year, JSMW sent two junior teams and one senior team to the competition and all teams performed amazingly! In a nail-biting intense match, our two junior JSMW teams had to play each other in the semi-final bracket and so only one was able to make it to the finals. Our senior team was quick and fierce and pushed ahead all the way to the finals! It is with great pride and honor that we congratulate our three JAB teams for their hours of hard work. Kudos to the parents for their tireless support and of course, our most dedicated and caring coaches. Go JSMW JAB!



DC Dharmatma (Junior Team)	DC Parmatma (Junior Team)	DC JABardast! (Senior Team)
Coach Jahnavi Shah	Coach Palak Shah	Coach Megha Doshi
Captain: Kavya Zaveri	Captain: Diya Shah	Captain: Lay Shah
Vivaan Shah	Shlok Shah	Prisha Shah
Kashvi Shah	Veer S. Shah	Shrushti Doshi
Jainam J. Shah	Kevin Doshi	Harshvi Shah
Sanaya Mehta	Vihaan Mehta	Samkit Doshi
Veer J. Shah	Aarna Jariwala	Maneet Mehta
	Rutvi Shah	

PAST AND UPCOMING EVENTS

JSMW Health Day - May 21, 2023

The event was well received and began with an energizing Zumba session led by Dr. Pallavi Gowda, an internal medicine physician, US Army Veteran, and Zumba instructor. After the members' hearts were pumped, they got to hear from Dr. Chirag Sandesara, a cardiologist specializing in clinical cardiac electrophysiology and cardiovascular diseases, on how to keep your heart healthy. Several members also got an opportunity to consult with various physicians, dentists, and therapists present at the session.



JSMW Spring Camp – May 27-29, 2023



JSMW hosted a Spring camp from May 27- May 29 at Pecometh, Centreville, Maryland. A total of 56 kids from Pathshala class B2 onwards & chaperones, enjoyed 2 nights and 3 days of delicious Jain food, team building games, sessions on Finance, Health, Cyber Security, and Coping. This camp was completely free from technology and phones, and everyone enjoyed the outdoors. JSMW Spring

camp committee members were Nimesh Chheda, Hiranya Maru, Jay Jariwala, Sneha Sheth and Ripal S. Shah. We also had 2 medical professionals - Dr. Dipa Sheth & Simran Shah - who were at the camp for any medical needs.

Dr. Bipin Bhai Doshi Lectures – August 4-5, 2023

Dr. Bipin Bhai Doshi, a Jain scholar and philanthropist graciously accepted our invitation and visited our Sangh. His lectures were simple and was able to connect with the audience. If you missed any of the sessions, please check them on JSMW YouTube Channel

Friday, August 4 - Topic: Salient Features of Jainism Recording Link: https://youtube.com/live/pzdimW3ixE8

PowerPoint Link: https://bit.ly/43TVW8A

Saturday, August 5 - Topic: Jainism Simplified

Recording Link: https://youtube.com/live/9FlgoiW4oAs

PowerPoint Link: https://bit.ly/3QtwVhq

Topic: Jain Path of Liberation Recording Link: https://youtu.be/QqbsUNHkhDg





JSMW / Jinvani Event: Tarlaben Doshi – August 26, 27

JSMW/Jinvani is very happy to announce 2-day program on August 26th and August 27th, 2023. Tarlaben Doshi will bless us with Pravachans during the event.

Tarlaben is a well-known Jain scholar who has made significant contributions to Jain educational activities for adults, youths, and teachers. In July 2023, Tarlaben was honored with the prestigious Jaina Presidential Award for her tireless Swadhyay (spiritual discourses) efforts across 40 Jain Sanghs over the past 30 years. Over the past 30 years, she has traveled extensively worldwide as a distinguished speaker, lecturer, and scholar. Her enlightening discourses have reached numerous cities across the globe.

Samirbhai Shah's Lecture Series - August 28 - 30

We are pleased to announce that Shri Samirbhai Shah, an eminent Jain scholar from India is visiting the USA. Shri Samirbhai has been conducting Swadhyay and performing Poojans, for the last 15-16 years, in the U.S. Please take advantage of this opportunity.

Lectures in Gujarati topic: Dharam na 4 Prakaar - Daan, Sheel, Tap and Bhavna

Monthly Snatra Pooja

Snatra pooja is done every 2nd Sunday of the month starting at 10:30 AM followed by a potluck lunch. Snatra pooja illustrates the celebration of two of the auspicious (out of five) events (Kalyanaks) occurring in the last life of Tirthankar Bhagwan. This Pooja and celebration are for all Tirthankaras and not specific to anyone. Two Kalyanaks narrated in this Pooja are Chyavan (conception) and Janma (birth) of Tirthankar. After this life the soul of Tirthankar reaches its climax and achieves liberation from life and death cycle (attains Moksha). This Pooja recital explains the effect of Bhagawan's birth on the whole universe, narrates how glorious the occasion was and how much joy was shared by all the living souls including all heavenly souls. Pooja in the end includes Ashta Prakari Pooja and wishes Shanti (peace) for all living beings and rejoices the event by performing Aarti, Mangal Divo, Shanti Kalash and Chaityavandan.

Remaining 2023 Dates

September 10

October 8

November 12

December 10

For questions and sponsorship opportunities, please contact Vaishali Chheda | vaishali.chheda@gmail.com |

Monthly Dev Shastra Guru Pooja

This Pooja honors the Dev, Shastra, and Guru. Dev means God or Arihant or Siddha. Shastra means Scriptures. Guru means Teachers or one who possesses "real knowledge". By honoring Dev, Shastra, and Guru, we draw attention to these three entities as a means for our path to liberation.

JSMW hosts a monthly Dev Shashtra Guru Pooja on every 4th Sunday at 10:00 AM. Please plan to join for the upcoming Dev Shashtra Guru Pooja on Sunday, August 27th at Jain Center.

Remaining 2023 Dates

September 23 – Das Lakshan Pooja, Panch Meru Vidhaan

September 24 – Das Lakshan Nitya Niyam Pooja

September 30 – Kshamavani Pooja

October 22 - Monthly Pooja

November 13 – Mahaveer Nirvaan/Diwali Pooja

November 26 – Monthly Pooja

For questions and sponsorship opportunities, please contact Samir Tatiya | samir.tatiya@gmail.com | 703-388-6249 or Aatam Dhanote | adhanote@gmail.com

Paryushan and Das Lakshan Parva Mahotsav

Jain Society of Metropolitan Washington is pleased to announce the 2023 Paryushan and Das Lakshan Parva Mahotsav to be held at the Jain Center. During these auspicious days, various religious programs and services will be organized as detailed below:



Paryushan Parva Mahotsav - https://jsmw.org/paryushan-2023

This year, Paryushan Maha Parva starts from Tuesday, September 12th and ends on Tuesday, September 19th. We are pleased to announce that Anantbhai Dhami and Sampratibhai Shah will be with us during Paryushan Parva. Both are associated with Tapovan Sanskar Dham.

Anantbhai studied 6 years in Tapovan till 1997 i.e., from Standard 5th to Standard 10th, during which he gained indepth knowledge of our values, culture, and principles. During his academic journey, he engaged himself for various stage appearances like lectures on different topics, dramas etc. As he grew up, he gradually achieved the art of

anchoring, managing Tapovan Annual cultural programs and different Jain functions like Diksha Mahotsav, functions at Sangh level, social functions etc. He started performing as a religious ritualist in 1993. Since then, he has been sent to several centers in India as well as outside India for Paryushan Maha parva Aradhana. He is working as a trustee managing Tapovan Sanskarpith - Ahmedabad (honorary), TYAG (Tapovan Youth Alumni Group) Trust and trustee in various other religious trusts.





Sampratibhai, a young and passionate singer, music arranger and composer gave his first stage performance at the age of five. As a teenager he won approximately twenty awards in the music field. His music Guruji, Shree Aniket Khandekar, is the most renowned classical singer. Sampratibhai trained himself under the guidance of Guruji. Moreover, he has his own Music Studio, "Sounds of Soul", from which he and his brothers create and produce devotional albums. One can listen to them on You Tube with the search words, "PrashamSampratiParshva".

Sampratibhai has been a part of Tapovan Sanskar Dham for more than fifteen years. Since 2004, every year, he visits various Jain Sanghs across the world. His voice is filled with divinity only due to deep blessings of Pujya Guruma Chandrashekhar Vijaya ji as well as another honorable Acharya Bhagwant's of Jain Sangh.

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	9/12/2023	9/13/2023	9/14/2023	9/15/2023	9/16/2023	9/17/2023	9/18/2023	9/19/2023
	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
8 AM - 10:30 AM	Snatra Puja at Jain Temple	Snatra Puja at Jain Temple	Snatra Puja at Jain Temple	Snatra Puja at Jain Temple	Snatra Puja at Jain Temple	Snatra Puja at Jain Temple	Snatra Puja at Jain Temple	Snatra Puja at Jair Temple
10:30 AM - 12 PM	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture
1:00 PM					Swapna Ceremony at Blair High School			
3:30 PM								*Samvatsari Pratikraman at Mangal Mandir
5:30 PM			Chaudas Pratikraman at Jain Temple					
6:30 PM - 7:45 PM	Pratikraman at Jain Temple	Pratikraman at Jain Temple		Pratikraman at Jain Temple	Pratikraman at Blair High School, Silver Spring, MD	Pratikraman at Jain Temple	Pratikraman at Jain Temple	
8:15 PM - 10 PM	Evening Lecture	Evening Lecture	Evening Lecture	Evening Lecture		Evening Lecture	Evening Lecture	**Tapasvi Bahuma

Samvatsari Pratikraman Details

Pratikraman	Time	Place
Mothers' Pratikraman	12:00 PM	Jain Center
Deravasi Samvatsari Pratikraman	3:30 PM	Mangal Mandir 17110 New Hampshire Ave, Silver Spring MD 20905
Sthanakvasi Samvatsari Pratikraman	3:30 PM (Aloyna will be recited from 3:30 PM to 5:00 PM, followed by Pratikraman starting at 5:15 PM)	Jain Center
English Pratikraman	5:30 PM	1221 Briggs Chaney Road, Silver Spring MD 20905

Tapasvi Bahuman

Tapasvi Bahuman will be held at the Jain Center on Tuesday, Sep 19th evening starting at 8:00 pm (after the Samvatsari Pratikraman)

Samooh Parna

Parna for Tapasvis will be held at the Jain Center on Wednesday, Sep 20th morning starting at 9 am. Various opportunities for Parna sponsorship and other activities are available. If you wish to be a sponsor, please send us email at Events@JainSocietyDC.org

Swapna Ceremony

Date and Time: Saturday, September 16, 2023, 1 PM

Swami Vatsalya (Dinner): 5:30 pm

Venue: Blair High School, 51 University Blvd East, Silver Spring, MD 20901

We request all of you to please come on time. During the Swapna Ceremony, the labharthi members will have the honor of carrying each Swapna to the beats of drums and music.

Gheeboli for Swapnas

A maximum of 3 families can participate in Ghee Boli for any Swapna except for Swapna #4 (Lakshmiji) and Parna which can have a maximum of 5 families. A family comprises labharthi + their unmarried kids + their parents. Please check in upcoming weekly emails and our website for more details

Swami Vatsalya Bhojan (Dinner) Sponsorship

Swapna Ceremony program will be followed by Swami Vatsalya Bhojan, for which sponsorship opportunities are currently available. You can sponsor the Swami Vatsalya Bhojan by donating the starting amount of \$101 (Sadharmik Bhakti Bronze). Additional sponsorship options include \$251 (Silver), \$501 (Gold), \$1,001 (Platinum), and \$1,501 (Diamond) levels. You or a group of families can jointly sponsor the entire Swami Vatsalya Bhojan for a donation of \$11,001. For sponsorships, please send us an email at VicePresident@JainSocietyDC.org



Das Lakshan Parva - September 19 - 28, 2023

Das Lakshan Mahaparv will be celebrated this year from Tuesday, September 19 to Thursday, September 28. The ten days of self-purification will be celebrated by the Sangh by performing Aarati/Jin Aaradhna on weekdays starting at 7:45 PM. There will be one weekend during this year's Das Lakshan Parv and the Sangh will come together to perform Panch Meru Vidhaan on Saturday, September 23.

On Sunday, September 24 the Sangh will perform Das Lakshan Nitya Niyam Pooja and celebrate Sugandh Dashmi. The Pratikraman will be performed on Thursday, September 28 starting at 5:00 PM. Kshamavani Parv and Tapasvi Bahumaan will be on Saturday, September 30.

Key Events:

Aarati/Jin Aaradhna: Daily during Das Lakshan Parva at 7.45 pm at Jain Center

Panch Meru Vidhaan: Saturday, September 23, 2023

Das Lakshan Nitya Niyam Pooja and Sugandh Dashmi: Sunday, September 24, 2023

Pratikraman: Thursday, September 28, 2023 at 5:00 PM

Kshamavani Parv and Tapasvi Bahumaan: Saturday, September 30, 2023

Chaitya Paripati - October 7, 8

Chaitya Paripati is one of the essentials of Paryushan, where Shravak or Shravika makes a pilgrim (jatra) to a Chaitya (Temple). This pilgrimage is done after Paryushan for worship, prayer, and meditation by visiting 5 different Chaityas (temples).

With this in mind, we have planned a Chaitya Paripati – visit to 5 Jain temples during the weekend of Oct 7-8, 2023.

- Cherry Hill (NJ)
- Franklin Town (NJ)
- Siddhachalam (NJ)
- Jain Center of Allentown (PA)
- Jain Center of Central Pennsylvania (PA)

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Shaswati Navpad Oli/Ayambil October 20 - 28

This year, we will be having Ayambil on all 9 days at our temple between 12 and 1 PM. (Please note that Oct 21st / Oct 22nd time may slightly change.) If you are planning to do Ayambil, then please come and do it at the temple with Sangh. Please do bring your own boiled water. Several members are volunteering to facilitate cooking Ayambil food for Tapasvis. Sponsorship for Ayambil is \$101 per day.

Please send your names for Ayambil participation / volunteering to cook Ayambil food / Sponsorship to Vaishali Chheda at (410) 564-4758 or vaishali.chheda@gmail.com
Link to RSVP Ayambil Oli Oct 2023



Meaning & Importance of Navpad Oli

It is one of the most important Parva / religious festivals of the Jain community. Navpad Oli comes twice a year. The first one falls in the bright fortnight of Ashwina month (September/October) and the second during the bright fortnight of Chaitra month (March/April). The devotees observe Ayambil tapa during nine days of Navpad Oli along with a special kind of worship, holy recitation, and meditation in honor of the Navpad. The word 'Navpad' means nine supreme posts of the universe - Arihant, Siddha, Acharya, Upadhyay, Sadhu, Darshan (right belief), Jnan (right knowledge), Charitra (right action) and Tapa (right austerity). Jain literature (Kalpa sutra) indicates that Navpad Oli is Shaswati, meaning permanent. Navpad Oli festival exists in all time cycles (past, present, and future).

This provides significant importance to the Navpad Oli. The story of Shripal and Mayan Sundari relate to this observance. We should try to do Ayambil during these auspicious days. Tapasvi Paarna will be held at the Jain Center on October 29^{th.}

New Year Nav Smaran Jaap - November 14

On New Year Day, we will have Nav Smaran recitation on November 14th at **8 PM**. It is believed that in reciting the Nav- Smarana, negative karmic particles that are believed to act as obstacles on the path to success, health, longevity, and peace are removed.

Please join in the recitation at the Jain Center.



Diwali Celebration - November 19

Save the date for a Diwali celebration with Food, Fun and friends on Nov 19^{th} , 2023.



JSMW's Got Talent – December 9



You GOT talent? We GOT the stage!

Does your band rock and roll? Do your rhymes have power and soul? Is there a juggler lurking within you, perhaps a comedian's nature hidden too? Do you dance with stars or have a voice for open mics? Then it's time to bring your stuff to the limelight!

Join us on December 9th, 2023. This is going to be a competition for the stars!

You can perform a skit or a comedy routine, recite a poem, dance, sing, mime, play a musical instrument, perform gymnastics or a martial art, do magic, puppetry – any talent you have.... We have a platform for you! Stay tuned for more details.



Jain Society of Metropolitan Washington

A non-profit tax-exempt religious organization, id # 54-1139623



DC Central Kitchen - November 18th, 2023 from 9AM to 12PM

The Jain Society of Metropolitan Washington has actively volunteered at DC Central Kitchen for over a decade, starting in 2009. Unfortunately, our volunteering activities were temporarily suspended in recent years due to the Covid pandemic. However, we are thrilled to announce that the new facility, the Klein Center, established by DC Central Kitchen, is now open for us to resume our volunteer work. The Klein Center, located at 2121 1st Street SW, Washington, DC 20024, is not a homeless shelter but serves as a central hub for meal preparation and distribution to various shelters and schools throughout DC. This modern two-story facility features a state-of-the-art, computerized industrial kitchen where only trained professionals are allowed to cook meals.

The sponsor for this November 2023 event is Kantibhai & Sudhaben Udani. If you would like to make an additional donation for this event, please feel free to contact us. We welcome donations of any amount for the Jiv Daya/DC Kitchen event, whether it is \$25, \$51, \$101, \$151, \$501, or more.

Please make your donation payable to "Jain Society of Metropolitan Washington" and in the memo field please mention "Givdaya: DC Kitchen". Donations can be mailed to our address: P.O. Box 4548, Silver Spring, MD 20914. Please email your name and donation amount to bhupesh@bhupeshmehta.com or Nilesh_shah99@yahoo.com

Event Date:	Saturday, November 18 th , 2023
Time:	8:30am to 12:00 noon
5	Long pants (no leggings, no shorts)
Dress Code:	Closed toe shoes
	No tank or halter tops
	Hair must be up and out of face. (We will provide hair nets.)
	Masks are not required (Optional)
Address:	The Klein Center is located at 2121 1st Street SW, 20024 (See parking options below)
Web: http://www.dccentralkitchen.org/	

Service Restrictions: Our current role is focused on preparing and cutting vegetables for the production of 10,000+ meals. We are no longer involved in cooking meals as we did in the past.

Paid Parking: The Klein Center, where DC Central Kitchen is located, provides paid parking garages or paid parking lots. This makes **carpooling an ideal option for transportation**.

Parking Options/ Transportation:

- Colonial Parking Lot located on-site in building garage (\$17 Daily)
- The Marina Parking Lot (\$11- 15 Daily)
- Waterfront Train Station (Green Line) / 74 Bus (7 Stops to V Street SW & 1st Street SW) 2-minute Walk to Klein Center

This is an excellent opportunity to perform community service, publicize Jainism to the mainstream, and volunteer services directly to the needy. Names of about 20 to 25 dedicated volunteers (on first come, first served) will be collected to help. If you are interested in volunteering, please contact Nilesh Shah (Nilesh_shah99@yahoo.com) at 240-899-8682 or Bhupesh Mehta (bhupesh@bhupeshmehta.com) at 240.455.4524.



MEDICAL RESEARCH HASN'T ALWAYS SEEN YOU.

WE'RE CHANGING THAT.

Jain Society of Metropolitan Washington partners with the National Institutes of Health's All of Us Research Program to educate the Jain community about the importance of participating in health research.

The program is a historic effort to accelerate research and improve health by gathering data from one million or more people living in the U.S. By taking into account individual differences in lifestyle, environment, and biology, researchers will have the information to better understand health and disease. The more we know about what makes people unique, the more customized health care can become.

You can make an impact on the future of health for generations to come when you share your story with All of Us.

To learn more and get involved, visit https://bit.ly/jainsociety.

We can't benefit from health research without representation.

The All of Us Research Program is a historic, longitudinal effort to gather data from one million or more people living in the United States to accelerate health research. By considering individual differences in lifestyle, socioeconomics, environment, and biology and looking for patterns, researchers may one day uncover paths towards more individualized prevention and treatment strategies for all of us.

Patients may not be well served by treatments designed for the "average" person. Many people and populations have been historically left out of

biomedical research, and thus, often left of health care solutions. Health problems can take years to unravel and require much trial-and-error treatment. Patients may not have access to or make use of their own health data. The *All of Us* Research Program hopes to nurture partnerships with at least a million participants who reflect the diversity of the U.S. so that all communities can be included in critical health research.

Precision medicine research is still in the early days, so providers do not have enough information available to provide precise care for many conditions. Developing individualized approaches to care often requires time. It can be difficult to coordinate care between many different providers, especially with medical records and key data scattered in different silos. The program aims to deliver one of the largest and richest biomedical datasets that is broadly available yet secure.

Researchers spend a lot of time and resources in creating new IT systems, databases, and analytic tools. They also face enormous costs and time just to recruit participants. Data collection is often not standardized, and data can be siloed and difficult to integrate. A single lab's resources may not be sufficient to answer the research questions that matter. The All of Us Research Program will catalyze an ecosystem of communities, researchers, and funders who make *All of Us* an indispensable part of health research.

Many research studies focus on a specific disease or population. The *All of Us dataset serves* as a national research resource that could inform thousands of studies covering a wide variety of health conditions. As the volume of data within the program grows, we may see patterns that wouldn't be visible at a smaller scale. *All of Us* welcomes participants both healthy and sick of all backgrounds and walks of life, from all regions across the country. Participants are partners in the program, which is committed to transparency and seeks participant input in its governance and evolution. to Participants have access to the data they share and information about all the research projects that use *All of Us* data.

Asian American, Native Hawaiian, and Pacific Islander populations constitute about 6.1% of the U.S. population but represent just 0.1% of NIH clinical trial participants nationwide and 1% of FDA novel drug trials. Sharing your health story with *All of Us* makes it possible for our community to be represented in medical research. It provides us with a chance to learn about our own health, including personalized risk factors or exposures. Our data could be used in studies that may lead to new understanding and new treatments. Participating in *All of Us* gives you a chance to learn about additional research opportunities that may interest you.

If you're interested in learning more about the program or getting involved, visit JoinAllofUs.org/TogetherDMV

TREASURER'S REPORT

Below is a list of all donations above \$50 received between Jan 1, 2023, through June 30, 2023. JSMW sincerely appreciates your generous donations. If we have missed anyone's name, or if you find an error, please let us know by sending an email to Treasurer@jainsocietydc.org. The donation recognitions below are split between the donations toward the current temple and the new temple.

New Temple Donations

TOTAL DONATIONS \$50,000 AND ABOVE					
Donors	Donation	Donors	Donation		
Arvind & Sanyukta Shah	\$ 54,220.50	Jain Center of Northern California	\$ 51,000.00		

TOTAL DONATIONS \$10,000 AND ABOVE					
Donors	Donation	Donors	Donation		
Arvind & Nayana Mehta	\$ 30,000.00	Manoj & Kanta Dharamsi	\$ 11,000.00		
Sushil & Asha Jain	\$ 25,600.00	Jitendra & Priti Tolia	\$ 10,002.00		
Devang & Rani Ajmera	\$ 25,075.00	Hemen & Bela Gandhi	\$ 10,000.00		
Prakash & Sangeeta Paharia	\$ 25,000.00	Sandeep & Jhalak Mehta	\$ 10,000.00		
Jain Society of Toronto Inc	\$ 21,000.00				

TOTAL DONATIONS \$5,000 TO \$9,999					
Pragneshkumar & Sonal Shah	\$ 8,695.00	Kiran & Sharmila Mehta	\$ 5,001.00		
Sahil & Ripal Shah	\$ 8,006.00	Nilay & Namita Shah	\$ 5,001.00		
Sanjiv & Kamini Shah	\$ 6,102.00	Nilay Fursule	\$ 5,001.00		
Chetan & Sonal Ajmera	\$ 6,002.00	Pankaj & Smita Shah	\$ 5,001.00		
Palak & Janki Shah	\$ 6,002.00	Priyank D. Mistry	\$ 5,001.00		
Sapan & Arti Shah	\$ 5,400.00	Sharad & Elizabeth Jain	\$ 5,001.00		
Ajay & Chandna Jain	\$ 5,301.00	Talak & Ranjana Shah	\$ 5,001.00		
Pavan & Meenal Zaveri	\$ 5,201.00	Suchit & Namrata Sharma	\$ 5,001.00		
Praful & Chetna Dand	\$ 5,135.00	Atul & Aruna Shah	\$ 5,000.00		
Ankit Jain	\$ 5,001.00	Mahesh & Premila Shah	\$ 5,000.00		
Dimple Nemchand Chheda	\$ 5,001.00	Sanjay & Rina Shah	\$ 5,000.00		
Jigar & Archana Shah	\$ 5,001.00	Satish & Mayuri Shah	\$ 5,000.00		
Jignesh & Rajeshree Dalal	\$ 5,001.00				

	TOTAL DONATIONS \$50 TO \$4,999				
Pulkit & Pratiksha Gangwal	\$ 4,101.00	Nirav Babu	\$ 1,001.00		
Dilip & Kusum Dharamshi	\$ 3,477.00	Priyal Gandhi & Yash Maniar	\$ 1,001.00		
Nimesh & Vaishali Chheda	\$ 3,231.00	Ratilal & Rekha Chheda	\$ 1,001.00		
Mahaveer & Anitha Prabhu	\$ 3,152.00	Sailesh & Mona Shah	\$ 1,001.00		
Kamlesh & Chandrika Shah	\$ 2,501.00	Saurabh Dalal	\$ 1,001.00		
Vishal & Anamika Sethia	\$ 2,500.00	Sharad & Sonal Doshi	\$ 1,001.00		
Jatin & Toral Shah	\$ 2,202.00	Shashikant & Manju Bhandari	\$ 1,001.00		
Manohar & Kalpana Hegde	\$ 2,102.00	Shripal Shah & Ami Banker	\$ 1,001.00		

Tushar & Nishma Shah \$ 2,000.00 Ajit & Shilpa Shah \$ 1,000.00 Gautam & Dhruti Shah \$ 1,960.00 Jasvant & Urmila Doshi \$ 1,000.00 Bhavesh & Ketki Maisheri \$ 1,500.00 Jay & Rakhi Jariwala \$ 1,000.00 Anish Sheth \$ 1,498.00 Vikas & Ritu Godha \$ 800.00 Sanjay & Swati Jain \$ 1,202.00 Vishal & Mily Mehta \$ 600.00 Arun & Nitika Jain \$ 1,101.00 Pramathesh & Minaxi Broker \$ 504.00 Indravadan & Jyoti Shah \$ 1,101.00 Diora Corporation \$ 500.00 Ketul Shah \$ 1,101.00 Parash & Rina Shah \$ 496.00 Krunal & Darsha Desai \$ 1,101.00 Himanshu & Anusri Jain \$ 400.00 Pramod & Kalpana Singhai \$ 1,101.00 Ashok & Mina Shah \$ 302.00 Puneet & Mamata Jain \$ 1,101.00 Manan & Monali Shah \$ 300.00 Rahul & Savita Jain \$ 1,100.00 Kishor & Shushila Shah \$ 251.00 Akhil C Ajmera \$ 1,001.00 Ravindra & Manju Kasliwal \$ 251.00 Allap & Sheetal Shah \$ 1,001.00 Sudhir & Shraddha Patni				
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Jigar & Nency Shah \$ 1,001.00 Kamlesh & Chandrika Shah \$ 96.00 Jinal & Saloni Shah \$ 1,001.00 Harshid & Hemangini Shah \$ 75.00	Jatin & Ami Shah	\$ 1,001.00	Warne & Laura Nelson	\$ 101.00
Jinal & Saloni Shah \$ 1,001.00 Harshid & Hemangini Shah \$ 75.00	Jatin & Parul Jain	\$ 1,001.00	Ashish & Shilpa Jain	\$ 100.00
	Jigar & Nency Shah	\$ 1,001.00	Kamlesh & Chandrika Shah	\$ 96.00
	Jinal & Saloni Shah	\$ 1,001.00	Harshid & Hemangini Shah	\$ 75.00
	Mahesh & Ramila Shah	\$ 1,001.00		\$ 51.00

CURRENT TEMPLE DONATIONS

TOTAL DONATIONS \$1,000 AND ABOVE				
Donors	Donation	Donors	Donation	
Kamlesh & Gita Shah	\$ 4,325.00	Umit & Sonal Shah	\$ 1,150.00	
Amit & Harshada Patani	\$ 2,631.00	Uday & Meeta Maheshwari	\$ 1,051.00	
Hitesh & Ripal Shah	\$ 1,172.00	Lalit & Hansa Mehta	\$ 1,001.00	

TOTAL DONATION \$50 – \$999								
Pavan & Meenal Zaveri	\$967.00	Prashant & Rupal Udeshi	\$	275.00				
Lakin & Sonali Haria	\$900.00	Mukesh & Alka Shah	\$	264.00				
Nimesh & Vaishali Chheda	\$858.00	Mahaveer & Anitha Prabhu	\$	251.00				
Vishal & Mily Mehta	\$840.00	Maheshchandra & Suvarna Shah	\$	251.00				
Pragneshkumar & Sonal Shah	\$822.00	Sanjay & Sangeeta Shah	\$	251.00				
Sahil & Ripal Shah	\$820.00	Ajay & Payal Mallesha	\$	250.00				
Ashish & Jallika Tolia	\$801.00	Jatin & Toral Shah	\$	250.00				
Jay & Rakhi Jariwala	\$800.00	Nilay & Namita Shah	\$	250.00				
Mehul & Ami Doshi	\$800.00	Sheetal & Poonam Jain	\$	250.00				
Jigar & Nency Shah	\$776.00	Vinod & Seema Singhai	\$	250.00				
Swetal & Darshini Shah	\$751.00	Amit & Jill Vora	\$	225.00				
Sudhir & Shraddha Patni	\$727.00	Hiranya & Anupa Maru	\$	225.00				
Sandeep & Jhalak Mehta	\$700.00	Manan & Monali Shah	\$	225.00				

Pulkit & Pratiksha Gangwal	\$695.00	Rajan Nayanbhai Shah	\$	225.00
Samir & Megha Tatiya	\$670.00	Shawn Adams & Sonal Goda	\$	225.00
Sudhir & Dharini Khona	\$652.00	Bhupesh & Yash Mehta	\$	210.00
Parag & Nirali Mehta	\$651.00	Hitesh & Jyoti Shah	\$	201.00
Nilesh & Megha Doshi	\$640.00	Bhushan & Abha Parekh	\$	200.00
Jignesh & Jaimini Shah	\$631.00	Dhairya & Stuti Shah	\$	176.00
Mitesh & Palak Sanghvi	\$600.00	Jainey Bavishi & Jerome Hughes	\$	175.00
Vikas & Ritu Godha	\$595.00	Kalpesh & Urvi Patel	\$	175.00
Vijay & Khushali Chheda	\$525.00	Saurabh & Neha Shah	\$	175.00
Bijal & Jigisha Shah	\$520.00	Paresh & Kavita Modi	\$	172.00
Jatin & Ami Shah	\$502.00	Kirit & Bharti Khajuria	\$	161.00
Sailesh & Mona Shah	\$502.00	Kanu & Jyoti Doshi	\$	152.00
Maulin & Nima Shah	\$501.00	Ajay Bhavsar	\$	151.00
Praful & Pratima Shah	\$501.00	Dharam & Rashmika Shah	\$	151.00
Rahul & Naini Jain	\$501.00	Hemant & Urmila Mota	\$	151.00
Nitin & Meeta Sogani	\$500.00	Kamlesh & Arti Shah	\$	151.00
Rajan & Amy Shah	\$500.00	Manoj & Shilpa Shah	\$	151.00
Bhavesh & Nita Shah	\$495.00	Puneet & Mamata Jain	\$	151.00
Palak & Janki Shah	\$476.00	Vishval & Pooja Mehta	\$	151.00
Sheel & Tejal Lodaya	\$472.49	Yatharth Jain	\$	151.00
Pratik & Nirali Shah	\$470.00	Akhil & Renuka Jain	\$	150.00
Raju & Monica Shah	\$455.00	Amrish & Sejal Gangar	\$	150.00
Mahendra & Nea Maloo	\$453.00	Anand & Sushama Jain	\$	150.00
Bhavin & Nirali Shah	\$451.00	Andre & Rakhee Colaco	\$	150.00
Dimple Nemchand Chheda	\$425.00	Divyang & Kina Shah	\$	150.00
Kunal & Manisha Jain	\$425.00	Gunvanti & Pinkesh & Vaishali Gala	\$	150.00
Devang & Rani Ajmera	\$403.00	Kailash & Anita Gangar	\$	150.00
Paridhi Jain & Praveen Jain	\$402.00	Kalpesh & Komal Shah	\$	150.00
Hetal & Palak Shah	\$401.00	Kamlesh & Chandrika Shah	\$	150.00
Jayesh & Rupa Mehta	\$401.00	Kaushal & Hemali Shah	\$	150.00
Navin & Nirmala Vora	\$401.00	Krina N. Vakil	\$	150.00
Nilesh & Manna Shah	\$401.00	Pankaj Kumar & Saritha Golecha	\$	150.00
Savindra & Sonali Jain	\$401.00	Shrenik & Shilpa Shah	\$	150.00
Chirag & Sejal Shah	\$400.00	Shripal Shah & Ami Banker	\$	150.00
Jeff & Amishi Williamson	\$400.00	Takshak & Bhoomi Shah	\$	150.00
Tapan & Sonal Shah	\$400.00	Ujjval & Deepal Shah	\$	150.00
Ankit & Ruchi Chaudhari	\$376.00	Viral & Payal Gala	\$	150.00
Saumil & Bijal Shah	\$375.00	Arnik & Vivamy Kapadia	\$	125.00
Tejas & Jenny Karia	\$375.00	Bhavesh & Ketki Maisheri	\$	125.00
Prasannakumar & Chetna Jain	\$370.00	Jatin & Alpa Nagda	\$	125.00
Jigar & Archana Shah	\$366.00	Pratik & Mital Sheth	\$	125.00
Bhupesh & Pallavi Babu	\$365.00	Rishi & Shilpa Dharamsey	\$	125.00
Autumn & Nidhi Dhanote	\$350.00	Tapan & Disha Shah	\$	125.00
Chirag & Shachi Kapadia	\$350.00	Tarun & Henna Savla	\$	125.00
Priyank Suresh & Himadri Mukesh Doshi	\$350.00	Vishal & Shimoli Parekh	\$	125.00
ווופטע		visital & SHIIIIOH Patekh	Þ	125.00

Viral & Shraddha Doshi	\$350.00	Chetan & Sonal Ajmera	\$ 101.00
Priyank D. Mistry	\$326.00	Dimple & Rupal Doshi	\$ 101.00
Rut & Purvi Dholakia	\$325.00	Harsukh & Rekha Kamani	\$ 101.00
Denil & Pooja Shah	\$301.00	Jagdish & Saroj Shah	\$ 101.00
Sandip & Chhaya Shah	\$301.00	Manan & Nita Shah	\$ 101.00
Ajay & Reshma Palvia	\$300.00	Paresh & Shilpa Shah	\$ 101.00
Allap & Sheetal Shah	\$300.00	Piyush C. Srimal	\$ 101.00
Anish & Pooja Shah	\$300.00	Ramesh & Priti Mehta	\$ 101.00
Anup & Tanvi Shah	\$300.00	Sanjay & Indu Jain	\$ 101.00
Ashish & Kinnari Mehta	\$300.00	Seema Fashions	\$ 101.00
Bhavesh & Chhaya Shah	\$300.00	Tejas & Sangita Doshi	\$ 101.00
Daniel & Bina Taibi	\$300.00	Viren & Anila Shah	\$ 101.00
Deepak & Reema Jain	\$300.00	Adarsh Gandhi & Gunjan Gugale	\$ 100.00
Devang & Bijal Doshi	\$300.00	Ajay & Chandna Jain	\$ 100.00
Jinal & Saloni Shah	\$300.00	Janak & Keyuri Rajani	\$ 100.00
Kinjal & Sneha Sheth	\$300.00	Rahul & Savita Jain	\$ 100.00
Krunal & Darsha Desai	\$300.00	Ravindra & Manju Kasliwal	\$ 100.00
Nikunj & Prachi Shah	\$300.00	Gautam & Dhruti Shah	\$ 75.00
Mulchand & Ratanben Shah	\$300.00	Jatin & Parul Jain	\$ 75.00
Prasanth & Nirmala Jain	\$300.00	Rajan & Dhara Shah	\$ 75.00
Pratik & Krupa Shah	\$300.00	Arvind & Nayana Mehta	\$ 51.00
Rohit & Rajni Jain	\$300.00	Dipak & Nila Shah	\$ 51.00
Sachin & Ruchita Shah	\$300.00	Harak & Nalini Gala	\$ 51.00
Sapan & Anvi Mehta	\$300.00	Jasvant & Urmila Doshi	\$ 51.00
Varun Bhagat & Siddhi Daftary	\$300.00	Jay & Kala Patel	\$ 51.00
Vishal & Shweta Jain	\$300.00	Kamlesh & Aruna Parekh	\$ 51.00
Gautam A. & Dipa Rattehalli	\$275.00	Mahesh & Ramila Shah	\$ 51.00
Nilang & Neel Shah	\$275.00	Tushar & Nishma Shah	\$ 51.00

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