



AUGUST 2022 EDITION

jainvani

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Newsletter Credits

It takes several hours of creative thinking, writing, editing, graphic design, styling, and production. We thank all the contributors to the newsletter.

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Jai Jinendra!

With the grand success of our Mahavir Janma Kalyanak Program held in April after a gap of 2 years, I was amazed with the great support executive committee received from our volunteers, sponsors, and all Pathshala teachers. The stage program was the result of the very hard work and talent of our Pathshala children. I would like to thank all participants, coordinators, teachers, parents and all the volunteers to make the entire program successful and one that exceeded our expectations in all respect! During the event we were able to raise roughly \$980K (pledges + labhs) for our new Jain Center. Khub khub anumodna to all the donors. Now is the time for everyone to contribute generously and get us to the finish line.

Our dream project, with all your help and support, is getting close to becoming a reality. Our well-wishers in India helped us organize a successful Takana cermeony on June 4th. Next, we have the Parshwa Aradhana Utsav on August 13th with Shri Narendrabhai Nandu & Meghbhai. Humble appeal to all our members to participate in the event.

Over the summer we have upgraded our facility security by installing security cameras inside and outside the facility, remote entry, fencing the entrance, etc. Our society was graced by the presence of several scholars who shared their knowledge and wisdom with our members. In June Samirbhai Shah visited our temple and graced us with his lectures & conducted Rushimandal Stotra Poojan. Tarlaben Doshi & Saman Shri Shrutpragyaji visited us in the month of July.

We will celebrate Paryushan Parva from August 24th through August 31st with Kamleshbhai Jotta. On August 28th Sunday we will celebrate Mahavir Janma Kalyanak readings & Swapna Darshan. August 31st is Samvatsari Pratikraman. Daslakshan will be celebrated from August 31st through September 9th. All members are urged to visit the Jain Center during these celebrations.

I highly encourage and invite you to support us by volunteering in any capacity you can. We look for your engagement and feedback. Please feel free to reach out to me at President@jainsocietydc.org.

Vishal Mehta

President, Executive Committee

TRUSTEE'S MESSAGE

Our dream of establishing the new Jain Center with Shikharbandhi Derasar is in its final stages. If you have not seen the construction progress, do plan to go to the new temple site to see the tremendous progress made so far. Six containers containing carved marble stones have already arrived, laying those marble stones is going on and the work on carving other marble pieces is in progress in India. We held ceremonies to worship and lay first marble stones on our temples and Shikhars. All of you must have witnessed the phenomenally successful Taakana Ceremony performed in India recently on June 4. We are certainly very thankful to our well-wishers in India for their arduous work and full support to our dream project.

The next milestone event is the Anjan Shalaka Ceremony which will be performed from November 25 to November 30 this year in Koba near Ahmedabad, India. Anjan Shalaka is the most auspicious ceremony and will be performed by Param Pujya Acharya Shree Padmasagarsuriji Maharaj Saheb. It will be a once-in-a-lifetime opportunity for our Sangh members to witness the ceremony in person and take Anjan Shalaka related Labhs during the ceremony. Everyone is highly encouraged to attend this auspicious ceremony in India.

Gheeboli for Bharai of Pratimajis in our temples and Patts in Sthanak and for performing some Anjan Shalaka Vidhis will be completed during the 27 Parshwanath Bhaav Yatra program with Narendrabhai Nandu on Saturday August 13, 2022. All members are encouraged to attend that program and participate in the Gheebolis.

All members are earnestly requested to send their generous donations now to complete our dream project. We do need financial support from each one of you so that we can complete the project in time and hold a grand Pratishtha ceremony in 2023.

Dr. Manoj Dharamsi

Chairperson, Board of Trustees

NEW TEMPLE & JAIN CENTER PROJECT UPDATE (AS OF 8/1/2022)

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Construction of our New Jain Center in next nine to eighteen months will be very critical. In addition to DD&B building construction work, Marble installation has also started. Marble carving, FRP and FRP Support steel fabrication work and shipping of marble/FRP/FRP Support Steel from India is going on in full swing with progressive updates each week. Each day passing, we are coming closer to Pratishtha Mahotsav.

Thank you to the entire Temple Committee and various sub-committees for their hard work and dedication. Let us all continue to work together to make our dreams turn into a reality. Detailed report is as follow:

Construction and Sitework:

- Most of the Sitework is completed.
- General Contractor (DD&B) is working on the temple and building construction, as per current schedule, their portion of the construction work is estimated to be completed around October/November 2022 timeframe.
- Marble/FRP Installation Sub-Contractor is working on the Marble Installation.
- Total 6 containers of marble have arrived so far from India. Next shipment of 2 containers is targeted in end of August 2022.
- FRP material is under construction in India, shipping is expected around

October/November 2022 timeframe.

- Construction Team is working on selection of designer wooden doors (For Main Doors, Ghabhara Doors etc.)
- A/V work coordination with DD&B in Progress.
- Marble Pratimaji work is ongoing in India.

Finance:

Current financial picture is summarized below as of August 1st, 2022. The table below lists the summary of major awarded contract financial status.

Vendor	Contract Value	Paid Till Now	Balance Remaining
DD&B Construction (CLIN 2 Building Contract)	\$ 3,972,083.82	\$ 2,644,361.54	\$ 1,327,722.28
Mid-Atlantic Site Contracting LLC (Site work)	\$ 1,663,581.30	\$ 1,409,976.00	\$ 253,605.30
Apex Marble	\$ 977,625.35	\$ 229,756.18	\$ 747,869.17
DD&B Construction (CLIN 1 Building Slab)	\$ 939,375.44	\$ 939,375.44	\$ -
FTM Enterprises, LLC (Marble Installation)	\$ 650,000.00	\$ 68,000.00	\$ 582,000.00
njb inc up to CLIN 2 Architect	\$ 439,075.36	\$ 404,776.79	\$ 34,298.57
Devgeet Art and Craft (CLIN 2 FRP)	\$ 233,108.00	\$ 85,293.00	\$ 147,815.00
GlobeLink WW India (Shipping from India)	\$ 225,000.00	\$ 23,756.48	\$ 201,243.52
CH Robinson (Shipping from India)	\$ 200,000.00	\$ 32,757.08	\$ 167,242.92
Birckhead Electric (Site Electric)	\$ 149,850.00	\$ 125,854.49	\$ 23,995.51
CV Inc., (Civil Engineer)	\$ 140,000.00	\$ 131,407.00	\$ 8,593.00
Clear Connection Inc (CLIN 2 Low Voltage)	\$ 130,135.00	\$ 20,000.00	\$ 110,135.00
Madhav For Swetambar Pratima and Patt	\$ 109,459.46	\$ -	\$ 109,459.46
Stevenson Consulting Inc (Third party Inspection)	\$ 56,189.25	\$ 56,189.25	\$ -
Hillis-Carnes Engineering (Third party Inspection)	\$ 30,000.00	\$ 24,035.10	\$ 5,964.90
Environmental Alte (Dumpster service)	\$ 25,000.00	\$ 2,301.00	\$ 22,699.00
Total	\$ 9,940,482.98	\$ 6,197,839.35	\$ 3,742,643.63

Policy Sub-Committee:

The Policy Sub-Committee have prepared Initial Draft Policy Documents for (a) Facility Usage and Renting Policy, (b) Performing Pooja and other Rituals, (c) Food Policy, (d) Visiting Scholars and (e) Education Policy. Have requested and received feedback on the Draft Education Policy from the Education Directors & some teachers and are in the process of revising our draft Education Policy based on the feedback received.

Process Sub-Committee:

The Process Sub-Committee is nearing completion on two processes (Communication and Passing of a Member), for formal submission to the Temple Committee, and pending the Committee's approval, for formal submission to the BoT and the EC. The team is at 4 members and is currently looking for members interested in creating documentation. The team is working on several other processes and has a few additional processes for the future. If you have input (either on the current drafts, or what processes to tackle next), or wish to join the team, please contact us on process@jainsocietydc.org.

AV Sub Committee:

The A/V technology subcommittee had several meetings with Clear Connection and DD&B to finalize the low voltage requirements / changes and schedules. The process of installing all the low voltage cables will be starting in August by our vendor Clear Connection alongside DD&B construction process.

If you are ever in the area, please swing by the construction site and visualize our grand New Temple and Jain Center standing there in just a few years.

Arvind Shah

Chair, Temple Committee

FUNDRAISING UPDATE

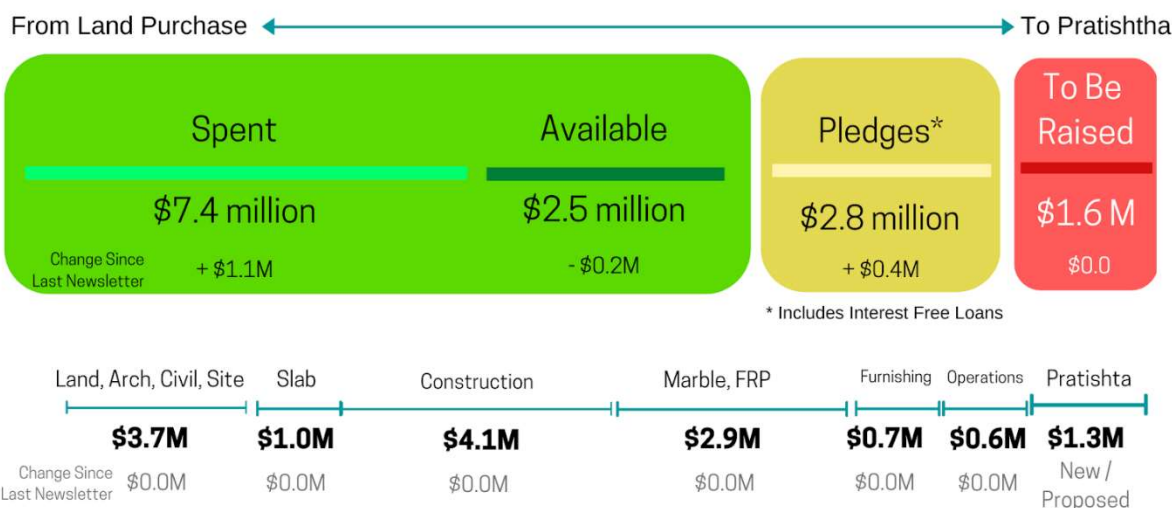
Our Sangh and the International Community continue to demonstrate strong support for building our dream Shikharbandhi Temple. With amazingly successful recent events - Mahavir Janma Kalyanak in April, Aaras Sthapana Ceremony in May, and

the Takna and Bharai Ceremony in June, the past few months have been quite active for the new temple fundraising team.

With Parshwa Aradhana Utsav in August, Anjanshalaka planning meeting with India Team in September/October (in-person), and the grand Anjanshalaka Pratishtha Mahotsav in November, the next few months will move our project into high gear. The Shankheshwar Parshwanath Temple, Adinath Temple, and Sthanak teams have been researching and meeting frequently to plan detailed logistics, rituals, murtis/patts, and all the related processes for events in India and the USA.

NEW TEMPLE PROJECT

Financial Overview (as of 7/14/2022)



A financial statement was emailed to each donor requesting to pay off their labhs and pledges. The cost of goods and labor has gone up creating new challenges to overcome. Our goal is to build our dream temple without worrying about financial resources.

CALL TO ACTION: We need each family to grant us \$10,000 interest free loan, payable within 3 years after pratishtha.

As you can imagine, it takes many many hours to do the planning, execution, and follow-up on these events. For those who have stepped up, and the list is long, Khub Khub Anumodhana for your support.

For questions, reach out to Sushil Jain, co-chair Fundraising team or any of the fundraising team members at fundraising@jainsocietydc.org

Fundraising Team

Manoj Dharamsi (chair), Sushil Jain (co-chair), Bhupesh Mehta, Devang Ajmera, Gita Shah, Pavan Zaveri, Pragnesh Shah, Rahul Jain, Sandeep Mehta, Satish Shah

PRATISTHA UPDATE

Pratishtha Core team is continuing the planning for the Grand Pratishtha Mahotsav. For regular updates, please visit www.jsmw.org/pratishtha

You are humbly requested to commit your personal time towards a Grand Pratishtha Mahotsav. Sign Up form along with the Area of Interest at <https://forms.gle/LvEYSc6BNm6Lr1xa8> or QR Code



PATHSHALA UPDATE

Welcome Back to In-Person Pathshala!

JSMW Pathshala runs from September – June every year. We have ~170 students participating in Pathshala activities that promote Jain education and Jain unity. Pathshala topics range the full spectrum from philosophical discussions to ritual awareness. For general Pathshala questions, please contact our Education Director, Monica Shah, at Education@JainSocietyDC.org.

We are looking forward to rejoining in-person for this coming year's Pathshala. First day of class will be September 11th, 2022, at Cloverly Elementary School 800 Briggs Chaney Road, Silver Spring MD. JSMW Pathshala is open to all JSMW members aged 3 and older. Please see information below regarding registration and class schedule. Email pathshala-registration@jainsocietydc.org

Registration Link: <https://www.jsmw.org/pathshala/>

- 09:15-10:15 - Gujarati / Hindi Language Class
- 10:15-10:30 - Morning Assembly with all parents and students
- 10:30-12:00 - Pathshala Class
- 12:00 - Lunch

Congratulations 2022 Class G Graduates:

For the 2021-2022 Pathshala year, we had 15 students graduate. These students have been focusing on various topics to include a review or past Pathshala topics like karma theory and nav tattva as well as applying Jainism in their day-to-day life by doing seva. Please see some reflections from our recent graduating class.

- **Aarya Jain (Jatin Jain & Parul Nagda):** "Following Ahimsa just because we were told to by our pathshala teachers or parents has a different impact than when you realize the "why" behind it and do it yourself, and that is a key thing pathshala has taught me."
- **Daksh Jain (Sheetal & Poonam Jain):** "Respecting every form of life, be it plants, animals or human beings, and not hurting them in anyway is Jainism."
- **Haeli Shah (Manan & Monali Shah):** "Pathshala has taught me that there is always a more significant reason behind actions and thoughts. Without knowing those thoughts, you could be participating in something dangerous and destructive."
- **Jahnvi Shah (Jignesh & Jaimini Shah):** "Without knowing, I've applied Jainism to my everyday life as if it was second nature. Even the little things are part of following Jainism."
- **Khushi Doshi (Nilesh & Megha Doshi):** "Our religion even states that we shouldn't have blind fate and our brain should be free from doubt."
- **Mallina Shah (Parash & Rina Shah):** "One may never remain unbiased as they are constantly influenced by external factors. But, when one is confronted with the choice, one must understand the Leshyas and how their actions reflect their state of being."
- **Manan Zaveri (Pavan & Meenal Zaveri):** "Happiness & Jainism are very closely intertwined and following one will utilize the other."
- **Nipun Maisheri (Bhavesh & Ketki Maisheri):** "Our goal as Jains is to shed all these karmas from our soul so that we are able to attain liberation, or Moksha. Maybe I'll achieve that one day."
- **Parth Mehta (Parag & Nirali Mehta):** "This year, we solidified ways to incorporate everything we have learned in Pathshala till date into our daily lives and as we progress in the future."
- **Rishabh Prabhu (Mahaveer & Anita Prabhu):** "Not only have I been practicing Jainism in my life, but with the knowledge I learned from Pathshala, I am able to explain the reasoning behind my actions and restrictions to my friends if/when they ask."
- **Sanika Shah (Vikram & Mamta Shah):** "Even though I made a mistake at first, I can still try to improve my state of mind, as well as my activities, so that I can better align myself with the principles of Jainism."
- **Soumya Jailwala (Parthav & Sheetal Jailwala):** "I should be thankful that my soul has taken place in a healthy human body that will enable me to do good in this life. My body is not me; my soul is me. So, it shouldn't be a source of pride nor a source of pain."
- **Syna Lodaya (Sheel Lodaya & Tejal Mota):** "Comprehending these notions [of Asrava, Bandh, Samvar, and Nirjara] allowed me to govern my actions and act to lessen the inrush of harmful karma, along with taking action towards eradicating the karma that is already within."
- **Urmi Chheda (Vijya & Khushali Chheda):** "I myself could not be aware of what Gunasthanak I am at, but I feel that being a Jain, and even learning about Jainism in pathshala is helping my reach to/is giving me a path to a certain Gunasthanak."
- **Vihaan Le (DT Le & Natira Surana):** "I learned that you should adapt and allow change in your life. It is important to find as many aspects [of Jainism] that you can practice on your own that fit your lifestyle."

Pathshala 2022-2023 Schedule

- Sep 11, 25
- Oct 2*, 16, 30
- Nov 6*, 20
- Dec 4, 18
- Jan 8, 22
- Feb 5, 19
- Mar 5, 19, MJK on 3/25
- Apr 16, 30
- May 14, 21* (Finals)
- Jun 4 (EOY celebration)

RECENT EVENTS

FIRST PUJA IN NEW TEMPLE AND AARAS STHAPANA

Several JSMW members had the labh of performing first puja in the new temple, and participate in pashan shuddhi (cleansing of marble) and aaras sthapana (ceremonial laying of marble) that has arrived from India for the temple.



First Puja and Aarti in New Temple

TAKANA CEREMONY

On Jun 4th, under the guidance of Maharaj Saheb and with support from our India partners, several of our sangh members participated in an elaborate Takana Ceremony (first chisel) for our Marble Pratimajis. They also participated in the Rajat and Panch Dhatu Bharai of Shri Parshwanath and Shantinath Bhagwan Pratima.

Relive the blissful moments from “Gheeboli” and “Taakna Ceremony & Rajat Pratima Bharai” events in Ahmedabad (May 29 & June 4, 2022). Share with your friends and family! <https://youtu.be/jwv3QEXij8E>

PATHSHALA END OF YEAR CELEBRATION

Our Pathshala families gathered on 6/5 at Cloverly Elementary from 10am-2pm to celebrate another amazing year. The event was enjoyed by kids and parents and included a teacher and class recognition program as well as congratulations to our Class G graduates. There were many fun activities and games followed by lunch.



SHRI RUSHIMANDAL STOTRA POOJAN

On Jun 25th, we performed Shri Rushimandal Poojan at our current JSMW temple under the guidance of Shri Sameer bhai Shah from Ahmedabad.

A live virtual Musical team led by Dhvanil Kasudia from Ahmedabad was present alongside for a great event.

Relive the Poojan and the wonderful music. Share with your friends and family!

<https://www.youtube.com/playlist?list=PL93Ux79eAAZdasMKRoHc45X4pujz58yg>



KEY UPCOMING EVENTS

27 PARSHWANATH BHAHV YATRA WITH SHRI NARENDRA BHAI NANDU

Venue: High Point High School, starting at 1 pm

On August 13th, 2022, JSMW will celebrate the 27 Parshwanath Bhav Yatra program along with Shri Narendra bhai Nandu and Megh Nandu. This program is an obeisance to our Mulnaayak Shri Parshwanath Bhagwan and will take us through a bhav yatra. During this program, he will also perform following Gheebolis:

- Bharai for Shantinath Bhagwan Pratimaji in Shwetambar Derasar Ghabhara.
- Second Bharai Labh for Adinath, Munisuvrat Swami and Neminath Bhagwan Pratimajis in the Shwetambar Derasar Ghabhara (Note: Current Bharai Labharthi families have allowed one more Bharai Labharthi for each Pratimaji).
- Bharai of Parshwanath Bhagwan Pratimaji in the Digambar Derasar Ghabhara
- Second Bharai Labh for Mahavir Swami Pratimaji in the Digambar Derasar Ghabhara. (Note: Current Bharai Labharthi family has allowed one more Labharthi for Bharai Labh).
- Bharai of Shantinath Bhagwan Pratimaji in Digambar Derasar Rang Mandap
- Anjan Shalaka Labh of Silver Parshwanath Murti and Siddhachakra Gatto
- Performing Anjan Shalaka Vidhis; viz., (a) Preparing Anjan (Ghutvanu), and offering (b) Anjan, (c) Silk Clothes, and (d) Gold Thali with Vatki and Sali to Maharaj Saheb for performing Anjan Shalaka Vidhi. (Note: Anjan preparation (Ghutvanu) can be performed only by a young girl (age below 9-10 years) who has not started menstrual periods.
- Sponsoring Uvasaggaharam and Mangalik Pattis in Sthanak.

Members are encouraged to attend this special program and take part in the Gheebolis for the very auspicious and important Anjan Shalaka Labhs and participate in the Anjan Shalaka program which will be held in Koba near Ahmedabad from Nov 25 to 30, 2022. Even if you do not plan to attend the Anjan Shalaka program in India, you can take Bharai or Patt Labh. Your presence during the Anjan Shalaka ceremony is not a requirement for these Labhs. Bharai Labh is very auspicious and is considered as a must for all Jains.

All members are encouraged to plan to attend this special program and to take advantage of getting at least one of the above listed very auspicious once-in-a-lifetime Labhs.

PARYUSHAN MAHAPARVA PROGRAM

Jain Society of Metropolitan Washington is pleased to announce the 2022 Paryushan Parva Mahotsav to be held at the Jain Center. During these auspicious days, various religious programs and services will be organized. This year, Paryushan Mahaparva starts from Wed, August 24th and ends on Wed, August 31st. Please see below for all the details:

Time	8/24/2022	8/25/2022	8/26/2022	8/27/2022	8/28/2022	8/29/2022	8/30/2022	8/31/2022
	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
8 AM - 10:30 AM	Snatra Puja	Snatra Puja	Snatra Puja	Snatra Puja	Snatra Puja	Snatra Puja	Snatra Puja	Snatra Puja
10:30 AM - 12 PM	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture	Morning Lecture
1:00 PM					Swapna Ceremony at Eleanor Roosevelt High School			
3:30 PM								Pratikraman at Mangal Mandir*
5:30 PM			Chaudas Pratikraman					
6:30 PM - 7:45 PM	Pratikraman	Pratikraman		Pratikraman	Pratikraman at Eleanor Roosevelt High School	Pratikraman	Pratikraman	
8:15 PM - 10 PM	Evening Lecture	Evening Lecture	Evening Lecture	Evening Lecture		Evening Lecture	Evening Lecture	Tapasvi Bahuman**
*Samvatsari Pratikraman Gheeboli will start at 3PM and Pratikraman will start at 3:30 PM sharp								
**Tapasvi Bahuman will be at 8 PM at Jain Center. Please contact Events@JainSocietyDC.org								

We are pleased to announce that **Shri Kamlesh bhai Jota** will be with us during Paryushan Parva. A native of Kutch, who studied under the guidance of Shri Vasantbhai Sir in Mehsana and Shri Subodhbhai Sir in Mumbai. He is well qualified in Panch pratikraman, Nav smaran, 3 Bhashya, 4 Prakaran (Jiv Vichar, NavTatwa, Dandak, Laghu Sanghrani) 6 Karmagranth. He has written 2 books in Sanskrit and Prakrut. He has spent his life teaching moral values, humanity, tatvagyan, karma granth and basic principles of Jainism. He also conducts pathshalas in Mumbai. Kamleshbhai has travelled outside of India spreading the teachings of Jainism.

Paryushan Jain Meals for UMD Students: Sign Up and Sponsorship Opportunity

This year like in the past, we are going to provide Jain food for our kids in UMD during Paryushan. If your kids are in UMD this year and would like to get Jain food, please reach out to Nishma Shah at 240-888-5079 or Vishal Mehta at 732-277-9901 with their name and phone # by August 20th. Students will be added to WhatsApp group to communicate logistics. If interested in sponsoring these Jain meals for students, or if you can help volunteer to deliver food to UMD, please reach out to Vishal Mehta, on WhatsApp or email Events@JainSocietyDC.org. Sponsorship amount is \$101.

Samvatsari Pratikraman Schedule

Pratikraman (lit. "introspection") is a ritual during which Jains repent (prayaschit) for their sins and non-meritorious activities committed knowingly or inadvertently during their daily life through thought, speech or action. Schedule for Samvatsari Pratikraman on Wednesday, August 31 is as follows:

Pratikraman	Time	Place
Mothers' Pratikraman	12:00 PM	Jain Center
Deravasi Samvatsari Pratikraman	3:30 PM	Mangal Mandir 17110 New Hampshire Ave, Silver Spring MD 20905
Sthanakvasi Samvatsari Pratikraman	3:30 PM (Aloyna will be recited from 3:30 PM to 5:00 PM, followed by Pratikraman starting at 5:15 PM)	Jain Center
English Pratikraman	5:30 PM	1221 Briggs Chaney Road, Silver Spring MD 20905

Aarti and Mangal Divo will be performed at the Jain Center immediately after Samvatsari Pratikraman followed by Tapasvi Bahuman.

Samuhik Parna

Parna for Tapasvis will be held at the Jain Center on Thursday, September 1 morning starting at 8:30 am. Various opportunities for Parna sponsorship and other activities are available. If you wish to be a sponsor, please send us email at Events@JainSocietyDC.org.

SWAPNA CEREMONY



JSMW invites you to celebrate the Swapna Ceremony:

- **Date and Time:** Sunday, August 28, 2022, 1 pm
- **Venue:** Eleanor Roosevelt High School, Greenbelt, MD

Gheeboli for Swapna Darshan

Maximum of 3 families can participate in Gheeboli for any Swapna except for Swapna #4 (Lakshmiji) and Paarna which can have maximum of 5 families. A family comprises of labharthi + their unmarried kids + their parents.

Swapna	Nakro / Boli	Additional Details
1, 2, 3 and 5	Nakro for \$1,501 (Maximum of 3 families)	Starting 8:00 am on Wednesday, August 24 at https://www.jsmw.org/paryushan-2022
6, 7 and 8	Gheeboli	During evening lecture on Friday, August 26 and / or Saturday, August 27
4, 9, 10, 11, 12, 13 and 14 including Parnu, Aarti and Mangal Divo	Gheeboli during Swapna Ceremony	Eleanor Roosevelt High School on August 28, 2022

Swami Vatsalya Bhojan (Dinner) Sponsorship

Swapna Ceremony program will be followed by Swami Vatsalya Bhojan, for which sponsorship opportunities are currently available. You can sponsor the Swami Vatsalya Bhojan by donating a starting amount of \$101 (Sadharmik Bhakti Bronze). Additional sponsorship options include \$251 (Silver), \$501 (Gold), \$1,001 (Platinum), and \$1,501 (Diamond) levels. You or a group of families can jointly sponsor the entire Swami Vatsalya Bhojan for a donation of \$11,001. For sponsorships, please send us email at Events@JainSocietyDC.org.

DASLAKSHAN MAHAPARVA 2022

Daslakshan Mahaparva will be celebrated this year from Wednesday, August 31 to Friday, September 9. We are working towards a virtual, live pravachan opportunity with other local sanghs and details will be shared at <https://www.jsmw.org/daslakshan-2022> once confirmed.

Ratnatray Vidhaan

Ratnatray Vidhaan will be performed during the Labor day weekend starting Saturday, September 3 and continuing on Sunday, September 4 and Monday, September 5. Abhishek will start at 9:00 AM, followed by Das Lakshan Puja and Vidhaan Puja. On each day of the Vidhaan, we will perform Samyak Darshan, Samyak Gyan and Samyak Charitra Puja respectively. Lunch will be served after the Puja. If you wish to be a sponsor, please contact Samir Tatiya at samir.tatiya@gmail.com

Pratikraman

Pratikraman will be held at the Jain Center on Friday 9 September starting at 5 PM.

Kshamavani Puja

Daslakshan celebrations will end with Kshamavani Puja on Sunday, September 11. Abhishek will start at 9:00 AM followed by Kshamavani Puja and lunch.

YARD SALE

JSMW will be hosting it's first ever Yard Sale this year on Sunday, September 18 starting at 10:00 am at the Jain Center. Additional details about this event can be found towards the end of this Newsletter.

ONGOING EVENTS

Following are the details of the ongoing programs at the Jain Center:

Every Saturday at 10.30 am	Kesar Pooja Contact: Pallavi Shah at 240-281-2984
2 nd Sunday at 10:30 am	Snatra Pooja followed by lunch Contact: Vaishali Chheda at vaishali.chheda@gmail.com
4 th Sunday at 10 am	Dev Shashtra Guru Pooja followed by lunch Contact: Samir Tatiya at samir.tatiya@gmail.com
3 rd Saturday at 10 am	Jinvani followed by lunch Contact: Yash Mehta at mehtaya@gmail.com or Sonal Ajmera at sonalajmera93@gmail.com or Savita Jain at savita@savitajain.com



The future of health begins with you.

Become Our Partner

What is precision medicine?

Precision medicine is health care that is based on you as an individual. It takes into account factors like where you live, what you do, and your family health history. Precision medicine's goal is to be able to tell people the best ways to stay healthy.

What is the *All of Us* Research Program?

The *All of Us* Research Program is a large research program from the National Institutes of Health. The goal is to help researchers understand more about why people get sick or stay healthy.

We hope that one million or more people will join the *All of Us* Research Program. People who join will share information about their health, habits, and what it's like where they live. By looking for patterns in this information, researchers may learn more about what affects people's health.

The *All of Us* Research Program will last for 10 years or more. This will allow researchers to study health over time. If you decide to join the *All of Us* Research Program, you will be contributing to an effort to improve the health of generations to come. You also may learn about your own health.



To start your journey, go to Participant.JoinAllofUs.org and:

- 1 Create an account
- 2 Give your consent
- 3 Agree to share your electronic health records
- 4 Complete the Consent to Get DNA Results
- 5 Answer health surveys
- 6 Have your measurements taken (height, weight, blood pressure, etc.) and give blood and urine samples, if asked

After completing these steps, you'll receive \$25.

To learn more and to enroll, contact us at:

JoinAllofUs.org/TogetherDMV

All of Us, the *All of Us* logo, and "The Future of Health Begins with You" are service marks of the U.S. Department of Health and Human Services.



JAIN YOUTH OF THE CAPITAL (JYOC) CORNER

ABCJ Part 2 - April 2022

JYOC members met up for a continuation of the discussion series, American Born Confused Jain (ABCJ), where we talked (and debated!) about how today's youth can apply Jain concepts into everyday situations and dilemmas. Members were able to take turns and share viewpoints regarding Jainism in their school, social, and extracurricular activities and reflect on new ideas that were shared by their peers.



Adopt-A-Road Event - April 2022

Once again, the JYOC members and adult volunteers met up for an Adopt-A-Road event. They were hard at work cleaning up trash on Ammendale road near the new temple site, working towards a better environment and creating a sense of community!

End of the Year Picnic - June 2022

From Capture the Flag to Tug-of-War, there were many games organized for JYOC members at the pathshala end of the year picnic. In the spirit of celebrating the end of the year, members made new friends in a fun and entertaining way.

JYOC Annual Lock In - August 2022

Now, for the long-awaited end of the year lock-in! After two years of virtual lock-in events, we are so excited to announce our in-person event, where members will be sleeping over at the temple. There will be many games, sessions, and a chance to meet new people, so we are so excited to see many JYOC members there! In addition, the annual elections will be conducted during this event, and we encourage those who have an interest in leadership, teamwork, and learning something new to run for board!

For more information about upcoming JYOC events and membership information, please visit <https://jainyouthofthecapital.weebly.com> and follow us on Facebook and Instagram @JainYouthoftheCapital


FUTURE JAIN LEADERSHIP PROGRAM (FJLP)

Future Jain Leadership Program (FJLP) is committed to developing Jain leadership by providing Jain youth with entrepreneurial education, leadership opportunities, and mentorship services, helping them create, deliver, and amplify value from new ideas, regardless of their future career path. FJLP is an initiative of the Jain International Trade Organization (JITO USA) which was founded in 2007 in India as a global organization made up of visionary Jain industrialists, businesspersons, and professionals.

FJLP envisions helping Jain youth define their life mission in alignment with JITO's principles, including economic empowerment, knowledge, and service. FJLP started its pilot year in the San Francisco Bay Area, soon expanding to Southern California. FJLP is rapidly growing with 1-2 new chapters every 6 months. FJLP also launched chapters in New York/New Jersey and Chicago in early 2021 and launched in DC in late 2021. If you have any questions or concerns, reach out to Samkit Doshi at samkindoshi@gmail.com

FJLP's launch event is on
Sunday, August 21st from
7 - 8:30 pm CST!

Scan here to register!



FJLP Launch Event

GET TO KNOW FJLP MEMBERS!
LEARN ABOUT OUR PROGRAMS!
ASK QUESTIONS!

Event Information:

RSVP Link:
<https://forms.gle/DPhy6TSIpprGtBzo9>

Date: August 21, 2022
Time: 7 pm - 8:30 pm CST
Hosted through: Zoom

Contact Information:
 Email: fjlp@jainyouthofthecapital.org
 Website: www.jainyouthofthecapital.org
 #FJLP #JainYouth

TODAY'S GIRL TODAY'S WOMAN EVENTS

Today's Girl Today's Woman group has been extremely active and has been arranging events to help our members in various ways from physical and mental health to wealth management. Thanks to the group leaders for engaging us and keeping us active.

Today's Women Today's Girl hosted their 3rd Healthy Warrior Challenge this spring. This session we were fortunate to have health coaches, Simar and Deep Gill guide us with sessions on nutrition, stress and exercise while also hosting online yoga classes. As a group, we had 13 participants, with a total weight loss of 13.1 lbs., and total 13.7 inches lost. Great job group.

Please keep on the lookout as we start planning our next healthy initiatives: a steps challenge and walkathon.

If you would like to be added to Today's Girl Today's Women WhatsApp group, please contact Shilpa M. Shah 410-292-0814

JSMW SPRING CAMP

After 2 years, JSMW hosted a Spring camp from May 28- May 30 at Pecometh, Centreville, Maryland. A total of 52 kids from Pathshala class B2 onwards & chaperones, enjoyed 2 nights and 3 days of delicious Jain food, team building games, sessions on Finance, Sugar, Wealth, Managing Time, and Coping. This camp was completely free from technology and phones, and everyone enjoyed the outdoors. JSMW Spring camp committee members were Sunil Dharamsi, Megha Doshi, Nikunj Shah, Nimesh Chheda, Jay Jariwala and Shilpa M. Shah. We also had 2 doctors - Dr. Rupal Udeshi & Dr. Vipul Shah who were at the camp for any medical needs.



TREASURER'S REPORT

Below is a list of all donations above \$50 received between **Jan 1, 2022, and June 30, 2022**. Jain Society of Metropolitan Washington sincerely appreciates your generous donations. If we have missed anyone's name, or if you find an error, please let us know by sending an email to Treasurer@jainsocietydc.org. The donation recognitions below are split between the donations toward the current temple and the new temple.

CURRENT TEMPLE DONATIONS

TOTAL DONATION \$1,000 AND ABOVE			
Donor	Donation	Donor	Donation
Pragneshkumar & Sonal Shah	\$1,276.00	Hiranya & Anupa Maru	\$1,111.00
Manan & Monali Shah	\$1,129.00		

TOTAL DONATION \$50 – \$999			
Arvind & Nayana Mehta	\$856.00	Shashikant & Manju Bhandari	\$303.00
Rajesh & Sujata Vora	\$852.00	Hetal & Palak Shah	\$302.00
Pragnesh & Neeta Shah	\$730.00	Mahaveer & Anitha Prabhu	\$301.00
Gautam Jain & Ruchil Barya	\$616.00	Nilang Shah	\$301.00
Jinal & Saloni Shah	\$600.00	Vishal & Mily Mehta	\$301.00
Jatin & Toral Shah	\$552.00	Akshay & Ashvi Mehta	\$300.00
Lakin & Sonali Haria	\$525.00	Allap & Sheetal Shah	\$300.00
Pratik & Nirali Shah	\$525.00	Daniel & Bina Taibi	\$300.00
Ashok & Pallavi Shah	\$524.00	Prasanth & Nirmala Jain	\$300.00
Ashok Shah	\$501.00	Saumil & Bijal Shah	\$300.00
Chirag & Sejal Shah	\$501.00	Parash & Rina Shah	\$276.00
Jeff & Amishi Williamson	\$501.00	Ashish & Jallika Tolia	\$275.00
Ramesh Shah	\$501.00	Prashant & Rupal Udeshi	\$275.00
Sailesh & Mona Shah	\$457.00	Kanu & Jyoti Doshi	\$253.00
Jay & Rakhi Jariwala	\$403.00	Swetal & Darshini Shah	\$251.00
Jigar & Nancy Shah	\$376.00	Rajan Nayanbhai Shah	\$250.00
Samir & Megha Tatiya	\$375.00	Dipak & Nila Shah	\$244.00
Varun Bhagat & Siddhi Daftary	\$375.00	Dhairya & Stuti Shah	\$226.00
Pankajkumar & Saritha Golecha	\$368.00	Mehul & Ami Doshi	\$225.00
Bhupesh & Pallavi Babu	\$365.00	Sahil & Ripal Shah	\$225.00
Pratixa Khona	\$365.00	Amit & Harshada Patani	\$206.00
Anish & Pooja Shah	\$350.00	Chetan & Sonal Ajmera	\$202.00
Devang & Bijal Doshi	\$350.00	Devang & Rani Ajmera	\$202.00
Krunal & Darsha Desai	\$350.00	Mukesh & Alka Shah	\$202.00
Mitesh & Palak Sanghvi	\$350.00	Nilesh & Manna Shah	\$202.00
Umit & Sonal Shah	\$350.00	Ruby Mehta	\$202.00
Vishal & Shweta Jain	\$350.00	Rahul & Savita Jain	\$200.00
Nimesh & Vaishali Chheda	\$332.00	Viren & Anila Shah	\$176.00
Sandeep & Jhalak Mehta	\$326.00	Andre & Rakhee Colaco	\$175.00
Kamlesh & Chandrika Shah	\$325.00	Bhoomi Shah	\$175.00
Rajan & Amy Shah	\$325.00	Jimmy & Jigna shah	\$175.00
Mukesh & Neeta Mehta	\$312.50	Kailash & Anita Gangar	\$175.00

Viral & Gopi Masalia	\$304.00	Shripal Shah & Ami Banker	\$175.00
Vikas & Ritu Godha	\$175.00	Dimple & Rupal Doshi	\$101.00
Viral & Payal Gala	\$175.00	Dinesh & Bhavana Mehta	\$101.00
Arvind & Sanyukta Shah	\$161.00	Jagdish & Saroj Shah	\$101.00
Sudhir & Dharini Khona	\$152.00	Janak & Keyuri Rajani	\$101.00
Hitendra & Mansi Nishar	\$151.00	Jyotindra & Jyotsna Mehta	\$101.00
Prayag & Nupur Shah	\$151.00	Manohar & Kalpana Hegde	\$101.00
Rajesh & Bhamini Kothary	\$151.00	Manoj & Shilpa Shah	\$101.00
Akhil & Renuka Jain	\$150.00	Nitin & Meeta Sogani	\$101.00
Arnik & Vivamy Kapadia	\$150.00	Ramesh & Jyoti Shah	\$101.00
Dimple Nemchand Chheda	\$150.00	Ramesh & Priti Mehta	\$101.00
Jignesh & Jaimini Shah	\$150.00	Saurabh M Shah	\$101.00
Kaushal & Hemali Shah	\$150.00	Sharad & Sonal Doshi	\$101.00
Nikunj & Prachi Shah	\$150.00	Tushar & Nishma Shah	\$101.00
Pavan & Meenal Zaveri	\$150.00	Bhavesh & Nita Shah	\$100.00
Pinkesh & Minal Shah	\$150.00	Dilip & Kusum Dharamshi	\$100.00
Saurabh & Neha Shah	\$150.00	Gaurang & Kalyni D. Mehta	\$100.00
Shrenik & Shilpa Shah	\$150.00	Jatin & Parul Jain	\$100.00
Sudhir & Shraddha Patni	\$150.00	Nilesh & Megha Doshi	\$100.00
Sumeet Bhargava	\$150.00	Parimal & Shefali Dalal	\$100.00
Tarun & Henna Savla	\$150.00	Pratik Parikh	\$100.00
Ujjval & Deepal Shah	\$150.00	Priyadarshini Bajoria	\$100.00
Viral & Shraddha Doshi	\$150.00	Showcase Architects	\$100.00
Bhavesh & Ketki Maisheri	\$125.00	Viral Patel	\$100.00
Cornelius & Reena Young	\$125.00	Vivek & Bella Desai	\$100.00
Jatin & Alpa Nagda	\$125.00	Gautam & Dhruti Shah	\$75.00
Kalpesh & Komal Shah	\$125.00	Shilpa Udani	\$72.00
Mahendra & Nea Maloo	\$125.00	Miheer S. Khona	\$70.00
Mehul Shah & Natasha Banajee	\$125.00	Jasvant & Urmila Doshi	\$51.00
Pratik & Mital Sheth	\$125.00	Kantilal & Meeta Gangar	\$51.00
Pulkit & Pratiksha Gangwal	\$125.00	Keerti & Hema Dharamsi	\$51.00
Rishi & Shilpa Dharamsey	\$125.00	Kirit & Bharti Khajuria	\$51.00
Urvi Doshi	\$125.00	Lalit ranka & ruchu jain	\$51.00
Gunvanti & Pinkesh & Vaishali Gala	\$110.00	Raksha Jain	\$51.00
Rushabh & Manpreet Shah	\$102.00	Rutul Desai	\$51.00
Ankit Rajendrakumar Sheth	\$101.00	Tejas & Jenny Karia	\$51.00
Ashok & Mina Shah	\$101.00	David & Ludmila Asher	\$50.00
Deepak & Sunila Merchant	\$101.00		

NEW TEMPLE DONATIONS

TOTAL DONATIONS \$10,000 AND ABOVE			
Donors	Donation	Donors	Donation
Dhiraj Jain	\$100,000.00	Pavan & Meenal Zaveri	\$17,702.00
Pradhuman & Dhanlaxmi Zaveri	\$50,000.00	Manoj & Kanta Dharamsi	\$13,271.00
Devang & Rani Ajmera	\$47,689.50	Atul & Aruna Shah	\$13,019.00

Pragneshkumar & Sonal Shah	\$29,628.00	Kamlesh & Gita Shah	\$11,111.00
Maheshchandra & Suvarna Shah	\$25,000.00	Bhanendra & Amita Bagda	\$10,000.00
Satish & Mayuri Shah	\$25,000.00	Nilesh & Megha Doshi	\$10,000.00
Saurabh Dalal	\$20,002.00		

TOTAL DONATIONS \$5,000 TO \$9,999			
Rohan Jain	\$8,000.00	Anupam & Mainaki Shah	\$5,001.00
Pankajkumar & Saritha Golecha	\$6,151.00	Jigar & Nancy Shah	\$5,001.00
Pinkesh & Minal Shah	\$5,548.00	Jyotindra & Jyotsna Mehta	\$5,001.00
Pratixa Khona	\$5,501.00	Nayan & Kashmira Vaywala	\$5,000.00

TOTAL DONATIONS \$50 TO \$4,999			
Dinesh & Bhavana Mehta	\$4,196.00	Pravin & Veena Dand	\$1,001.00
Bhavesht & Chhaya Shah	\$4,000.00	Anonymous	\$1,000.00
Prashant & Rupal Udesht	\$3,797.00	Tejas & Sangita Doshi	\$1,000.00
Darpan Manojkumar Shah	\$3,004.00	Himanshu & Anusri Jain	\$900.00
Dhiren & Aneeta Patel	\$3,001.00	Arvind & Sanyukta Shah	\$552.00
Nitin & Meeta Sogani	\$2,101.00	Kishor & Mayurika Doshi	\$501.00
Nisarg & Jigna Modi	\$2,000.00	Gaurang & Anika Kothari	\$501.00
Tushar & Nishma Shah	\$1,965.00	Viren & Anila Shah	\$501.00
Amit & Harshada Patani	\$1,002.00	Ramesh & Roopa Ajmera	\$500.00
Jay & Rakhi Jariwala	\$1,001.00	Prakash & Ameeta Sanghvi	\$201.00
Minaxi N Shah	\$1,001.00	Raju & Monica Shah	\$100.00

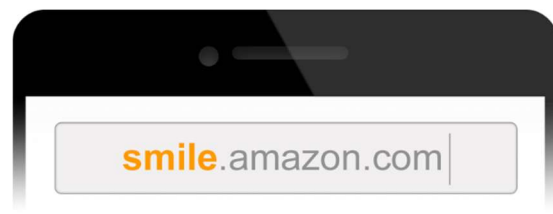
Become a Lifetime Supporter Today – it is quick, easy, and online!

www.jsmw.org/LifetimeSupporter

USE AMAZON SMILE AND SUPPORT JSMW

Here is how you can do this too:

- Use <http://smile.amazon.com> link to sign into your amazon account
- Buy items like you would normally (and make sure this becomes your new normal)
- Check out and (without paying an extra price) donate to JSMW!



Donate to JSMW

Donating to JSMW is easy. Pick the way you prefer to send in your payment.

ONLINE PAYMENT



- **Zelle Transfer** - Contributions should be sent to treasurer@JainSocietyDC.org
- **ACH / E-Check / Credit Card / Debit Card** <https://www.jsmw.org/supportjsmw>
- **Pay on Facebook:** <https://www.facebook.com/jainsocietydc>
- **Pay through PayPal Giving Fund:** <https://go.jsmw.org/2QvTqkX>
(For online payments, your donation receipts will be sent by Facebook/ PayPal, not JSMW)



CHECK PAYMENT

- **Mail** in your checks: P.O. BOX 4548, SILVER SPRING, MD 20914
- **Dropoff** your checks at the Jain Center in the check box
- **Hand deliver** it to the treasurer or any of the EC members

JSMW Presents

First Ever Yard Sale

Venue: 1021 Briggs Chaney Road

Silver Spring, MD 20905

When: 9/18/2022 from 10:00 AM to 2:00 PM
(Rain date: 9/25/2022)

- JSMW will provide 1 table & 2 chairs for only \$25.00
- No selling of silk, leather, and food items.
- Unsold items should be taken back with the owner.
- JSMW will not be responsible for lost, stolen or broken item.
- Your assigned table should not be unattended.

Name of JSMW Member: _____

Cell #: _____

Email: _____

Please email this form NO LATER THAN 9/1/2022 to:

shahmanna@yahoo.com or khegde4@yahoo.com

Payment: VENMO OR ZELLE to Manna Shah or Kalpana Hegde (due by 9/1/2022).

Deposit is NON-REFUNDABLE and NON-TRANSFERABLE.

For more information please contact:

Shilpa M Shah: 410-292-0814

Manna N Shah: 240-498-6183

Kalpana M Hegde: 443-794-1266

JSMW ACTIVITY CORNER

Paryushan and Das Lakshan Parva are soon arriving.

This is a time to break from routine life and reflect on our past conduct. Use this Activity Page to track your progress on your own self reflection. Being conscious of little changes can lead to big advances!

Paryushan: *Pari + Ushan means to burn all types of Karma. Identify how you are exercising one of the five essential activities of Paryushan. Also think about how you can incorporate these virtues in your day-to-day even after Paryushan is over.*

Amari Pravartan / Leading a non-violent life

Sadharmik Vatsalya / Respecting fellow humans and supporting humanitarian activities

Attham Tap / Observing fasts

Chaitya Paripati / Visiting Jain temples and supporting religious organizations

Kshamapana / Forgiveness

Das Lakshana: *Each day is dedicated to one virtue which is an inherent quality of the soul. Identify how you are exercising this virtue and think about how you can incorporate these virtues in your day-to-day even after Das Laskshana is over.*

Kshama / Forgiveness

Mardav / Modesty

Arjav / Straightforwardness

Shaucha / Contentment

Satya / Truth

Sanyam / Self-Restraint

Tap / Penance

Tyag / Renunciation

Akinchanya / Non-Attachment

Brahmachariya / Celibacy



JAIN SOCIETY OF METROPOLITAN WASHINGTON

A NON-PROFIT TAX-EXEMPT RELIGIOUS ORGANIZATION, ID #54-1139623

RETURN ADDRESS: P.O. BOX 4548, SILVER SPRING, MD 20914

CURRENT JAIN CENTER

1021 Briggs Chaney Road, Silver Spring, MD 20905

NEW JAIN CENTER

4241 Ammendale Rd, Beltsville, MD 20705

CONTACT

<http://www.jsmw.org> | info@jainsocietydc.org

Reserve & Pay Your Labh Online

www.jsmw.org/build-our-temple/



Pillars of Strength
\$1,001



Aradhana Sthal
\$2,501



Kalpavruksh
Leaf - **\$751**