



AUGUST 2021 EDITION

# jainvani

A Publication by Jain Society of Metropolitan Washington



INTROSPECT  
&  
FORGIVE

pariyushan and das lakshan

[www.jsmw.org](http://www.jsmw.org)

JAIN SOCIETY OF METROPOLITAN WASHINGTON

A NON-PROFIT TAX-EXEMPT RELIGIOUS ORGANIZATION, ID #54-1139623

Reserve & Pay Your Labh Online

[www.jsmw.org/build-our-temple/](http://www.jsmw.org/build-our-temple/)



**Shankeshwar Parshwanath Bhagwan**  
**Samuhik Murti Bharai**  
**\$5,001**



**Adinath Bhagwan**  
**Samuhik Murti Bharai**  
**\$5,001**

**SUPPORT JSMW**



# **BECOME A JSMW LIFETIME SUPPORTER**

[www.jsmw.org/LifetimeSupporter](http://www.jsmw.org/LifetimeSupporter)

A donation of **\$365** a year or \$1/day as a Lifetime Supporter will enable JSMW to support and carry out many of the religious, educational, and cultural projects

#### **Newsletter Credits**

It takes several hours of creative thinking, writing, editing, graphic design, styling, and production. We thank all the contributors to the newsletter.

**JSMW Publication Team**

## EXECUTIVE COMMITTEE

ec@jainsocietydc.org

**Sharad Doshi**, President  
301-748-8111  
[President@jainsocietydc.org](mailto:President@jainsocietydc.org)

**Megha Doshi**, Joint-Secretary  
703-200-3080  
[JointSecretary@jainsocietydc.org](mailto:JointSecretary@jainsocietydc.org)

**Monica Shah**, Director of Education  
443-306-9955  
[Education@jainsocietydc.org](mailto:Education@jainsocietydc.org)

**Nimesh Chheda**, Director of Publications  
410-245-0966  
[Publications@jainsocietydc.org](mailto:Publications@jainsocietydc.org)

**Swetal Shah**, Director of Volunteers  
443-983-2006  
[Volunteers@jainsocietydc.org](mailto:Volunteers@jainsocietydc.org)

**Vishal Mehta**, Vice President  
240-293-5809  
[VicePresident@jainsocietydc.org](mailto:VicePresident@jainsocietydc.org)

**Minal Shah**, Treasurer  
732-688-1992  
[Treasurer@jainsocietydc.org](mailto:Treasurer@jainsocietydc.org)

**Shilpa Shah**, Director of Events  
410-292-0814  
[Events@jainsocietydc.org](mailto:Events@jainsocietydc.org)

**Pulkit Gangwal**, Director of Public Relations  
619-813-2412  
[PublicRelations@jainsocietydc.org](mailto:PublicRelations@jainsocietydc.org)

**Pavan Zaveri**, Chair, Past Presidents' Council  
240-606-0055  
[PastPresidentsCouncil@jainsocietydc.org](mailto:PastPresidentsCouncil@jainsocietydc.org)

**Gautam Shah**, Secretary  
571-314-5076  
[Secretary@jainsocietydc.org](mailto:Secretary@jainsocietydc.org)

**Tushar Shah**, Joint-Treasurer  
301-503-3450  
[JointTreasurer@jainsocietydc.org](mailto:JointTreasurer@jainsocietydc.org)

**Navin Vora**, Director of Facilities  
301-385-8931  
[Facility@jainsocietydc.org](mailto:Facility@jainsocietydc.org)

**Sandeep Mehta**, Director of Technology  
301-775-7820  
[Technology@jainsocietydc.org](mailto:Technology@jainsocietydc.org)

## BOARD OF TRUSTEES

trustees@jainsocietydc.org

**Atul Shah**, Chair  
301-274-0319  
[ChairPerson@jainsocietydc.org](mailto:ChairPerson@jainsocietydc.org)

**Manoj Dharamsi**  
703-725-2468  
[mdharamsi@gmail.com](mailto:mdharamsi@gmail.com)

**Bhupesh Mehta**  
240-455-4524  
[bhupesh@bhupeshmehta.com](mailto:bhupesh@bhupeshmehta.com)

**Dimple Doshi**  
973-666-6090  
[dimple\\_doshi@hotmail.com](mailto:dimple_doshi@hotmail.com)

**Gita Shah**  
301-604-4076  
[gitashahmd@hotmail.com](mailto:gitashahmd@hotmail.com)

**Pragnesh Shah**  
301-305-4261  
[shahpragnesh@hotmail.com](mailto:shahpragnesh@hotmail.com)

## FROM THE EDITOR'S DESK

Pranaam

May this newsletter find you in good spiritual, physical and mental health. These are golden years in our JSMW history – where we get to be part of the history for our future generations to come. Our dream of 'shikharbandi' temple is now set in stone, literally, and we can now see it coming to fruition. As you read through these pages, take a moment to recognize the countless hours put in by so many volunteers, who all have singular aim to see our dreams come to reality.

Please also take a few minutes to read about our JAB Champions and the upcoming events.

The next few weeks are a time of introspection for all of us, as our great festivals of Paryushan and Das Lakshan dawn upon us. These festivals provide us, a break from routine life and allows us to reflect and contemplate on our past conduct, forgive those who may have hurt us, seek forgiveness, and decide to lead a spiritually cleaner life in the future. It is my personal experience, that if one attempts to spend some time reflecting on the soul during this time, with a little detachment from our material world, one can feel 'lighter' and 'purer', and progress spiritually.

Michchami Dukkadam / Uttama Kshama

**Nimesh Chheda**, Director of Publications

## Inside This Edition

New Temple Update	2
Fundraising Update	4
NIH Partnership – All of Us	6
Pathshala Update	7
JAB Update	8
JYOC Corner	9
Recent / Upcoming Events	11
Today's Girl Today's Woman	14
Treasurer's Report	14

Activity Corner

Back Inside Cover

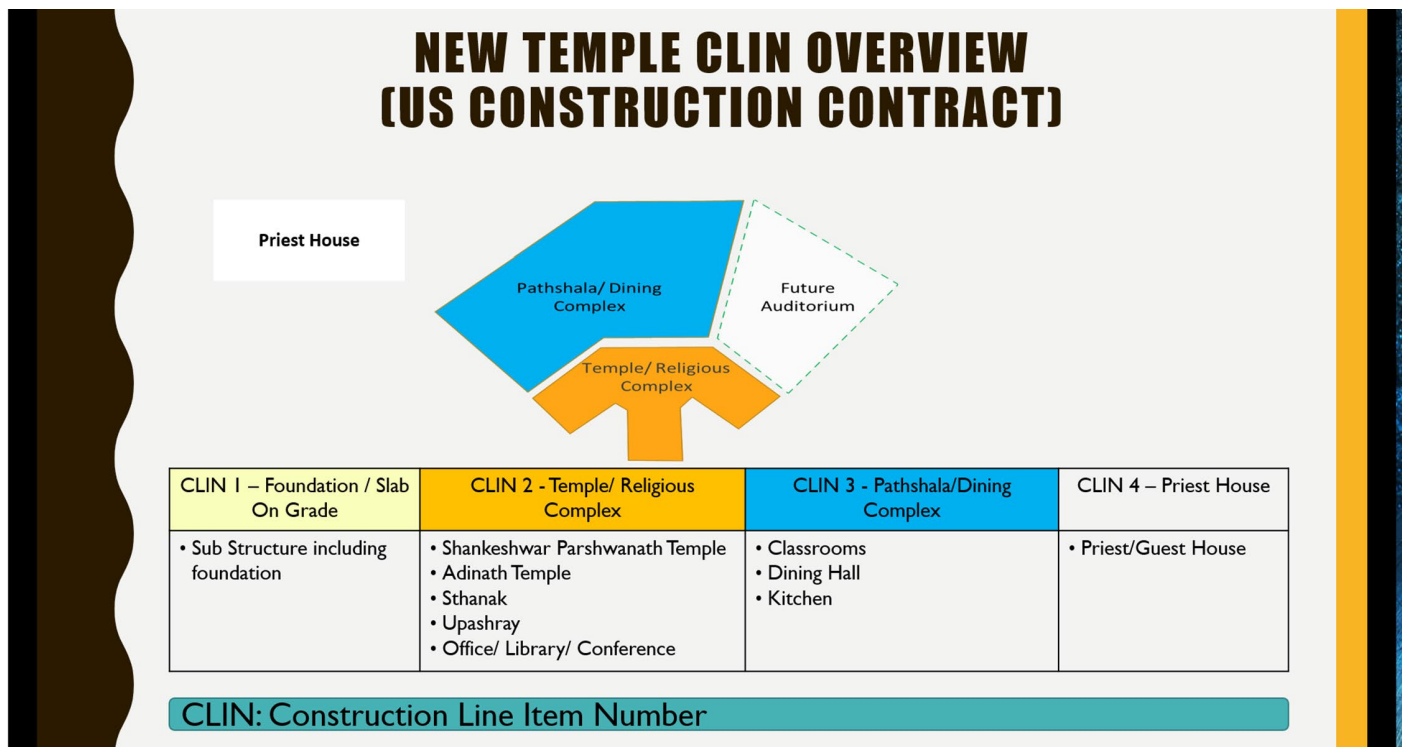
## NEW TEMPLE & JAIN CENTER PROJECT UPDATE (AS OF 8/14/2021)

### Construction Update

After signing the Construction Contract for the New Jain Center Building with DD&B Company on September 5<sup>th</sup>, 2020, CLIN 1 work is almost completed. CLIN 2 construction work in progress. General Contractor DD&B is ahead of construction schedule. FRP interior domes steel design work is already started.

### Construction and Sitework

- Site work: Majority of the site work is complete. For easy access, there was a need to modify road configuration. Civil Engineer is working on the modification plan. It includes (1. Widening road in front of Derasar, and 2. Extending in the rear to provide circular pattern).
- CLIN 1 work: Foundation and slab on grade work is complete (including utilities below slab on grade).
- CLIN 2 work: Complete Derasar and Partial Jain Center Construction
  - Partial "Notice to proceed" (NTP) is given to general contractor (DD&B). Based on that, Derasar concrete and CMU wall work is complete. Jain center super structure (columns, beams, roof structure and roof deck) is complete
  - Exterior and Interior wall framing is in progress.
- Due to Pandemic conditions, most of the construction materials are not easily available which resulted into shortage, price increase and schedule delays.
- Contractor (DD&B) is asking for price increase compensation, Temple committee chair (Arvind Shah) is negotiating with the contractor.
- JSMW need to select alternatives for the materials, which are not available or long lead items. e.g., Roof Insulation.
- Once Alternative materials are selected and price increase negotiation is complete, then JSMW to provide the NTP for remaining portion of CLIN 2 to complete rest of the work.
- Marble and FRP work are in progress.
- Shipping Team has been formed and in process of identifying various shipping companies, lead times etc.



### Finance

Current financial picture is summarized below as of Aug 1st, 2021. The table below lists the summary of major awarded contract financial status.



Site Development Construction Expense	Contract	Paid	Balance
<b>Mid-Atlantic Site Contracting LLC</b>	\$1,663,581.30	\$1,409,976.00	<b>\$253,605.30</b>
<b>DD&amp;B Construction (CLIN 1)</b>	\$952,957.44	\$821,238.81	<b>\$131,736.63</b>
<b>DD&amp;B Construction (CLIN 2)</b>	\$3,629,665.32	\$755,519.24	<b>\$2,874,146.08</b>
<b>Birckhead Electric</b>	\$149,850.00	\$95,854.49	<b>\$53,995.51</b>
<b>Stevenson Consulting Inc</b>	\$60,000.00	\$55,087.75	<b>\$4,912.25</b>
<b>CV Inc.,</b>	\$140,000.00	\$131,407.00	<b>\$8,593.00</b>
<b>NBJ Inc (Up to CLIN 2)</b>	\$439,075.36	\$358,710.99	<b>\$80,364.37</b>
<b>Apex Marble</b>	\$1,126,400.00	\$55,953.38	<b>\$1,070,446.62</b>
<b>Devgeet Art and Craft (CLIN 2 FRP)</b>	\$214,032.00	\$50,000	<b>\$164,032</b>
<b>Clear Connection Inc (CLIN 2 Low Voltage)</b>	\$130,135.00	\$20,000.00	<b>\$110,135.00</b>
<b>Potential Change Order</b>			<b>\$350,000.00</b>
<b>Total</b>	<b>\$8,505,696.42</b>	<b>\$3,753,747.66</b>	<b>\$5,101,966.76</b>

### Legal

No Legal issues reported.

Reviewed the Bank Term Sheets from 2 different banks for a long-term loan, provided recommendations and ideas to the BOT for negotiating the terms of loan in favor of JSMW.

Reviewed & provided comments/recommendations on various contract change orders, price increases, drafting letters to the Contractors.

### Policy Sub-Committee

*Manoj Dharamsi (Chair), Kanu Doshi, Devang Ajmera, Sharad Doshi, Ketul Shah, Pravin Dand, Kamlesh Shah*

The Policy Sub-Committee's purpose is to establish a set of policies to ensure the smooth running of our Society. Policy Sub-Committee has developed the initial drafts of the policy for using/renting the new facility and sponsoring ritual programs, food policy and scholar visitation policy. It is currently working on education policy. The committee members meet every other Thursday.

### Process Sub-Committee

*Raju M. Shah (Chair), Pravin Dand, Sahil Shah, Dimple Doshi, Manna Shah, Sanjay Jain and Vinod Singhai.*

The Process Sub-Committee's purpose is to establish a set of processes to ensure the smooth running of our Society. A process includes the flowchart, forms, guidelines, procedures, etc. The team will detail out the broad policies from the Policy Sub-Committee for implementation and execution by the Society.

- For example, the Policy Sub-Committee will outline rules around events hosted at the Temple, and the Process Sub-Committee will detail who to coordinate with, which forms to fill in, etc. Once we have a solid draft, we'll attempt to work with current and past EC members to validate the processes.
- Team will attempt to take the society's existing processes, document and improve them.
- In the past quarter, the team has continued to work on processes for Rituals and Events.

As always, if you are interested in joining our team, or have ideas to improve our society, please contact us on [process@jainsocietydc.org](mailto:process@jainsocietydc.org). The types of people we need help from would be those that have a good knowledge of how the various processes are working today and how to improve them, and a desire to document them.

### Operations & Maintenance (O&M) Subcommittee

*Jatin Shah (chair), O&M Subcommittee Members: Jatin Shah, Gautam Shah, Devang Ajmera, Jigar Shah, Samir Tatiya, Vikas Godha, and Harshid Shah*

- Identified and listed the potential source of income with inputs from various senior members with a goal to finalize the source of incomes by year end.
- Estimating certain expenses like Utility bills are challenging, so team is reaching out to various temples that are nearby our new Jain Center for better estimation of expenses.

### AV Subcommittee

Manohar Hegde (chair), Manan Shah, Devang Ajmera, Sandeep Mehta, Ashok Shah

- Committee reviewed and evaluated various bids and finalized the vendor “Clear Connection”
- Held meeting with vendors (Clear connection, new temple architect, General contractor DD&B), to make sure electrical needs, conduits, Alarm systems, door locks and access system and security systems are met particularly in the main temple area which will be covered with marble.
- Clear connection will provide DD&B a copy of the layout drawing with all details.

If you are ever in the area, please swing by the construction site and visualize our grand New Temple and Jain Center standing there in just a few years.

**Arvind Shah**

Chair, Temple Committee

### FUNDRAISING UPDATE

Despite the ups and downs of the COVID-19 pandemic, our construction work in Beltsville, Maryland and in India are moving along bringing us closer to turning our Dream to Reality. Khoob Khoob Anumodana to the many donors who continue to support this work. As you can see in our fundraising thermometer on the next page, our funds spent is increasing, as is our funds raised so we’re moving in the right direction.

Please continue to fulfill your pledges and continue with more donations. We are continuing to reach out locally, nationally, and internationally but need your assistance in connecting with more and more supporters.

We will continue to share our progress and success through videos and email. Share one and share many so that everyone is informed and celebrates our success.



[Construction Progress July 2021](#)



[Construction Progress June 2021](#)



[Dreams to Reality JSMW MJK 2021](#)



[Construction Progress April 2021](#)



[Construction Progress April 2021](#)



[Dayro Program March 2021](#)

### Local, National, and International Outreach

- **Local:** Over the upcoming months, we will be arranging guided tours on site. More information provided via email.
- **National:** Several sanghs are discussing and approving their support of our project through interest-free loans.
- **International:** Marble and FRP work in India continues despite the challenges with COVID-19. We are looking to continue to connect with our supporters as we all move forward.



JSMW Kalpavruksh

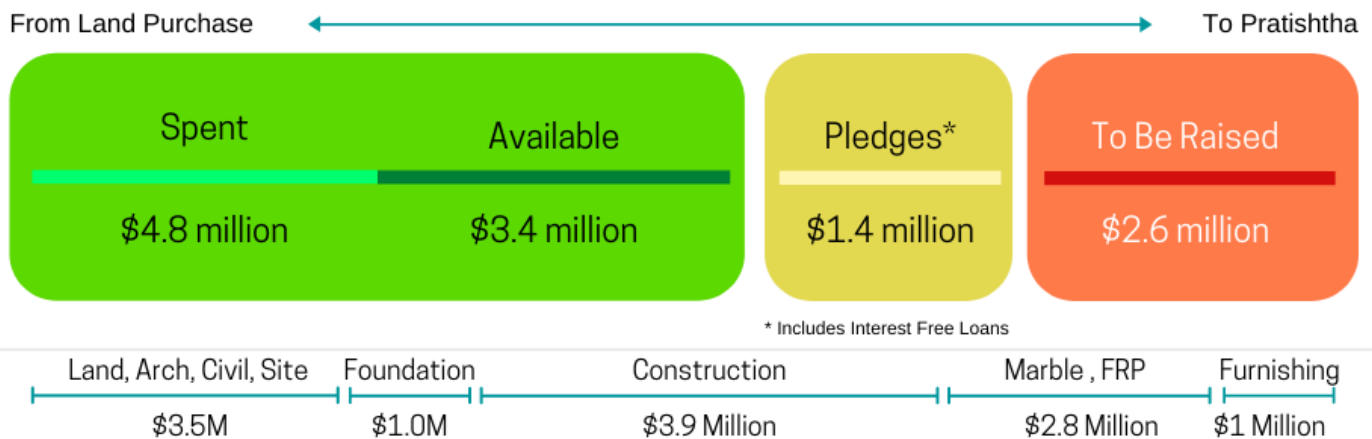
Doesn't the color look great? Let us fill it all in. Helping build our temple [one leaf at a time](#).

### Financial Update

Lastly, we are providing a transparent view of our fundraising plan against the financial need for Phase 1 of the project, which as a reminder, includes laying the foundation (aka CLIN 1), and building the religious complex (aka CLIN 2). If you have any questions, please feel free to reach out to us at [fundraising@jainsocietydc.org](mailto:fundraising@jainsocietydc.org).

## NEW TEMPLE PROJECT

Financial Overview (as of 7/1/2021)



**Atul Shah**, Chairman Board of Trustee, **Sushil Jain** Fundraising Committee Co-Chair  
**Fundraising Team:** Bhupesh Mehta, Pavan Zaveri, Pragnesh Shah, Sandeep Mehta

## PARTNERING WITH NIH – *ALL OF US* RESEARCH PROGRAM



In the past, medical research has left out many different groups of people. When you're not included in the research, you may be left out of the cures. The *All of Us* Research Program is building one of the most diverse health databases so researchers can work to understand the health needs of different communities. One project using data from *All of Us* is studying chronic disease health disparities in Asian American populations. The researcher is looking to reveal how these different communities have their own unique health needs that can be overlooked when grouped together as "Asian American".

You may already be aware that JSMW began our partnership with the *All of Us* Research Program in January 2021. This unique research program from the National Institutes of Health (NIH) has a goal to reach one million or more people historically underrepresented in medical research. JSMW has successfully renewed our contract with the *All of Us* Research Program (July 2021-June 2022). Under this contract, JSMW will continue to educate and encourage its members to register for the Research Program. NIH will fund JSMW to promote the program.

Early this year, we educated our members on how the *All of Us* Research Program relates to us as a South Asian, vegetarian demographic. We shared details on what the program is about and how/why to join. In May, we organized a webinar with Dr. Irene Prabhu Das who provided background on the program and how JSMW adds to its goal of creating one of the most diverse databases in history. We surely missed the in-person exchange on the topic, but our members still got excited about the opportunity to represent our community in this special research program and began registering!

At the recent JAINA convention, JSMW sponsored a large booth. This was a special convention where every program and booth were virtual. At our booth, we promoted and shared information about the New Temple Labhs and the *All of Us* Research Program.

This contractual year, JSMW will continue to educate and promote the *All of Us* Research Program. We plan to take a few minutes in Swapna Ceremony/ Das Lakshan to announce our partnership renewal. You will see lots of materials shared via our Facebook, WhatsApp, and email channels. We are looking for a few in-person reach outs during the Health Fair and Guest Speaker webinars. JSMW also plans to organize an Interfaith event in early 2022 with the Love Thy Neighbor organization and engage their audience as they bring diversity to the pool as well.



### What is the *All of Us* Research Program?

The *All of Us* Research Program is a historic effort to build one of the largest and most diverse databases of health information that researchers can use to study health and look to improve ways to diagnose, prevent, and treat health conditions. The program wants to enroll one million or more people that reflect the diversity of America to help medical research represent all different communities.

You can learn more at [JoinAllofUs.org/Together](https://JoinAllofUs.org/Together).



## PATHSHALA UPDATE

As we begin the new school year, we are also getting ready for another Pathshala year with over 150 students! **Mark your calendars, our first class is on Sept 26th.** Two thirds of our students are below the vaccination eligibility age. That coupled with the Delta variant, we have decided to remain virtual at least until December. Students registered for Pathshala will receive information about how to log into their virtual classes directly from their teachers.

**Books:** We will be distributing books on Saturday, Sept 4th from 11am to 1pm at the JSMW temple located in Silver Spring. Please consult with your child's teacher to know what book your child will need and make arrangements to pick up the required Pathshala books.

**Registration:** Registration has closed for the 2021-2022 school year primarily because we have completed our rosters and we are ordering materials. If you need to register, please reach out to our registration team at [pathshala-registration@jainsocietydc.org](mailto:pathshala-registration@jainsocietydc.org).

If you have any questions, please reach out to your student's Pathshala teacher and/or our Education Director at [Education@JainSocietyDC.org](mailto:Education@JainSocietyDC.org).

### Schedule 20 classes – Sep-21-Jun-22

SEP: 26  
 OCT: 3, 17, 31 (Diwali celebration 10/31)  
 NOV: 14, 21 (Jnan Panchami 11/14)  
 DEC: 5, 19  
 JAN: 9, 23  
 FEB: 6, 20  
 MAR: 6, 20, 27  
 APR: 10, 24 (MJK Celebration 4/17)  
 MAY: 8, 22 (Final Exams 5/22)  
 JUN: 5 (End of Year Celebration 6/5)

## THANK YOU, TEACHERS!

Class	Teacher	Student Aide
Nursery (Age 3)	Vaishali Chheda, Namita Shah	
Pre-Alpha (Age 4)	Anupa Maru, Mamta Shah	
Class A1 (Kindergarten)	Dhruti Shah	
Class A2 (1st grade)	Nirali Mehta, Khushali Chheda	
Class B1 (2nd grade)	Nita Shah	Niyati Shah
Class B2 (3rd grade)	Bijal Shah, Ripal Shah	Aria Parekh
Class C1 (4th grade)	Jhalak Mehta, Monica Shah	Isha Rajani
Class C2 (5th grade)	Ami Shah, Ami Doshi	Suraj Gangar
Class D1 (6th grade)	Rakhi Shah, Shilpa Shah	Moksh Shah
Class D2 (7th grade)	Tejas Doshi	Jai Doshi
Class E (8th & 9th grade)	Megha Doshi, Mahavir Prabhu	Aneri Shah
Class G (10th grade)	Sonal Ajmera, Deesha Ajmera	
Gujarati	Kamlesh Shah, Kiran Shah, Monali Shah	
Hindi	Pulkit Gangwal, Shweta Jain	
Children Sutra	Nimesh Chheda, Darshini Shah, Mily Mehta, Parul Jain, Payal Jain, Viral Shah	
Adult Sutra	Savita Jain	
Adult Class	Atul Shah, Kanu Doshi, Rajesh Vora	

Jai Jinendra!

**Monica Shah**, Director of Education  
[education@jainsocietydc.org](mailto:education@jainsocietydc.org)

## JAIN Academic Bowl – JAB Update

*Jain Academic Bowl is a bi-annual competition held during the JAINA Convention where several Jain Sanghs from around the United States participate. Questions are based on a 450-page JAB Manual. With the support of parents and teachers, our students have been working extremely hard, spending 6-8 hours per week for the past twelve month to prepare and about 50 hours per week for last 3 weeks before competition.*



We had three teams participate in JAB and all three teams made the semi-finals!!

### Dharma Chakras are the 2021 JAINA JAB Junior Champions!

It's an amazing accomplishment!!  
JAB Teams - We are so proud to have you represent JSMW! Thank you for your inspiration and dedication. We wish your spiritual journey to continue to prosper!

A special thanks and hats off to our JAB coach **Megha Doshi** for her dedication, motivation, and spiritual guidance.

#### JSMW JAB Coach: Megha Doshi

\* Asterisk - Team Captains

#### Junior Team 1: DC Dharma Chakras \*\*\* JAINA JAB JUNIOR CHAMPIONS \*\*\*

\* Lay Shah (Ripal & Sahil)  
\* Harshvi Shah (Minal & Pinkesh)  
Shrushti Doshi (Ami & Mehul)  
Maneet Mehta (Jhalak & Sandeep)  
Kavya Zaveri (Meenal & Pavan)  
Jainam Shah (Jaimini & Jignesh)  
Aarna Jariwala (Rakhi & Jay)

#### Junior Team 2: DC Dharminators

\* Samkit Doshi (Megha & Nilesh)  
\* Parth Mehta (Nirali & Parag)  
Prisha Shah (Archana & Jigar)  
Diya Shah (Archana & Jigar)  
Kashvi Mehta (Jhalak & Sandeep)  
Shlok Shah (Darshini & Swetal)

#### Senior Team: DC Dharma Ratnas

\* Khushi Doshi (Megha & Nilesh)  
\* Soumya Jailwala (Sheetal & Parthav)  
Aarya Jain (Parul & Jatin)  
Jahnvi Shah (Jaimini & Jignesh)  
Syna Lodaya (Sheel & Tejal)





## JAIN YOUTH OF THE CAPITAL (JYOC) CORNER

### Virtual Lock-In - August 2021

On August 21st, JYOC hosted its annual lock-in virtually! Over 20 members attended as we had our yearly general body meeting, which recapped the 2020-2021 term. Then, we held our elections to determine the committee for the upcoming year! We also had a blast making vegan brownies and ended the night by playing fun games like Werewolf!

### JYOC COMMITTEE

- Arjav Jain, Chair
- Khushi Doshi, Co-Chair
- Harshvi Shah / Samkit Doshi - Events Co-Lead
- Parth Mehta / Manan Zaveri - Membership and Records Co-Lead
- Maneet Mehta, Public Relations



### CODENAMES Tournament - March 2021 – April 2021

JYOC held their first codenames tournament in March this year! Teams of three competed against other teams in a tournament until one champion remained. Chemistry was a very important factor for teams in this tournament, and our members were able to bond with their friends. Congratulations to our winners from Team Lion - Samkit, Harshvi, and Shrushti!

Since our members had a great time at the first Codenames Tournament, JYOC held a follow up in April. Everyone had a great time working together with their peers to engage in a fiery tournament to become the ultimate

Codenames champion! We ended the night with more online games.

### MJK VIDEO - April 2021

Along with the youth of Classes E and G, JYOC created a video describing the student's silver linings during the Covid-19 pandemic. Over 20 youths participated in the video! To watch the video, please visit our website at [www.jainyouthofthecapital.weebly.com](http://www.jainyouthofthecapital.weebly.com)



### Adopt-A-Road Clean Up - May 2021

For our fourth Adopt-a-Road cleanup for this term, our members broke out into teams to clean up the two-mile span of road in front of our new Derasar. We had a great time serving our community and socializing with safe COVID protocols!

### Escape Room - June 2021

For our second virtual escape room of the term, members worked in teams to find JYOC Chair Simmi, as she went missing in London! Events Co-Leads Vanshika and Khushi put together a series of intricate puzzles and riddles which led members to clues, revealing Simmi's location so she could be rescued. Congratulations to our winning team who completed the challenges the fastest - Prisha, Shreya, Isha, and Jahanvi!

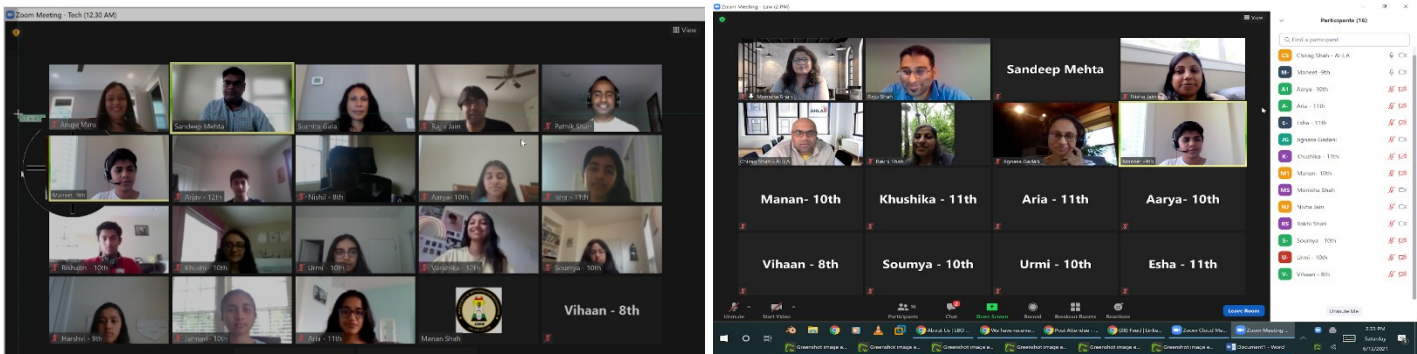


## Career Fair - June 2021

On June 12th, JYOC (Jain Youth of the Capital) conducted JSMW's first Career Fair. The premise was simple: help our youth get to know our adult members and their educational and professional background, with the hope that they could interact in the future and get a leg up on their future.

Planning for the career fair started in January 2021, by our High School youth first identifying career fields that they found interesting. 20 of our High School youth identified several potential career fields, spanning several general categories (Technology, Medical, Arts, Law/Government, Business, Sports & Aviation). Over the next few months, we were able to identify local JSMW adults who had experience in most of those categories and who volunteered to help pass on advice to our youth.

During the Career Fair, our mentors shared their insights and advice and our youth remained inquisitive and engaged. Many thanks to our 23 Adult Mentors, and our Behind-the-Scenes Tech Team.



## YJA Picnic - July 2021

For our first in-person event since the pandemic started, JYOC and YJA teamed up to have a picnic! With a variety of games to play like volleyball, badminton, foursquare, and basketball, everyone had a blast!



## College Panel - August 2021

On August 7th, JYOC (Jain Youth of the Capital) conducted JSMW's first College Panel. Following on from the success of June's Career Fair, our next session was a discussion about colleges. Several of our JSMW college students (and recent alums) discuss their college journeys. We discussed their college applications, the factors in their decision of what colleges to apply and ultimately go to, what college life was like for them (Socially, Academically, and what Jainism is like), and many other topics.

Our panelists were:

Yashvi Shah (Medicine at Drexel) - Rising Sophomore

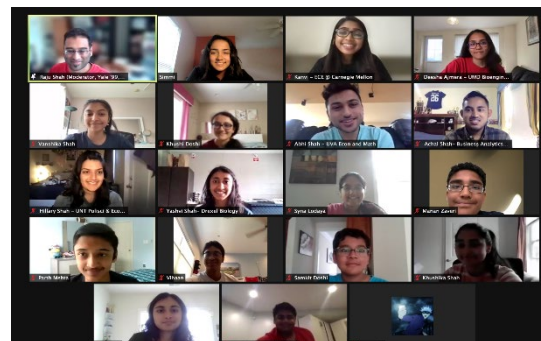
Deesha Ajmera (Bioengineering at UMD) - Rising Junior

Abhi Shah (Econ/Math at UVA) - Rising Senior

Kanvi Shah (Engineering at CMU) - Rising Senior

Hillary Shah (Law at University of North TX) - 2021 Graduate

Achal Shah (Business at Rutgers) - 2021 Graduate



During the College Panel, our panelists shared their insights and advice and our youth remained inquisitive and engaged. Many thanks to our 6 College Panelists, our 12 Student Participants, and our Behind-the-Scenes Tech Team. For more information contact Simmi & Arjav on [jyoc@jainsocietydc.org](mailto:jyoc@jainsocietydc.org), or Raju Shah on [raju.shah@aya.yale.edu](mailto:raju.shah@aya.yale.edu)



## RECENT AND UPCOMING EVENTS

### Monthly Snatra Pooja

The monthly Snatra Pooja was performed at the Jain Center on Sunday, August 15<sup>th</sup>, in the large swadhyay hall, after doing prakshal and kesar pooja of the Mulnaayak Shantinath Bhagwan. The pooja was attended by about 40 people. Labhs of Aarti, Mangal Divo and Shanti Kalash were taken by Kamlesh Shah, Sheetal & Allap Shah and Pallavi Ashok Shah / Vaishali Nimesh Chheda respectively.

### Monthly Dev-Shashtra Guru Pooja

The monthly Dev-Shashtra-Guru Pooja was conducted at the Jain Center on Sunday, August 22<sup>nd</sup>. This was a very special pooja for us as around 10 families (less than 50 people) got together as a group for an in-person pooja after a long time. Since this was our first time back in Mandir as a group, we performed Shanti Vidhaan where we did Puja of Akratrim (not man made) Chaityala (Mandir) in the entire Teen Lok (the entire universe including Narak and Swarag). Everyone wore masks and social distancing was followed.

The Puja was sponsored by **Shraddha Sudhir Patni (Fairfax, VA)** and **Pooja Amit Soni (New Jersey)**.

For families that were not comfortable to join in person, a live stream was set up for them as we have been doing for our virtual pujas. This Puja was a huge and extremely positive step towards coming back to normal.



### Paryushan Jain Meals for UMD Students: Sign Up and Sponsorship Opportunity

This year like in the past, we are going to provide Jain food for our kids in UMD during Paryushan. Paryushan starts from 3<sup>rd</sup> September, so food will be arranged from Sep 3 through Sep 10.

If your kids are in UMD this year and would like to get Jain food, please reach Nishma Shah at 240-888-5079 or Vishal Mehta at 732-277-9901 with their name and phone # by August 20<sup>th</sup>. Students will be added to WhatsApp group to communicate logistics.

If interested in sponsoring these Jain meals for students, or if you can help volunteer to deliver food to UMD, please reach out to Vishal Mehta, on WhatsApp or email at [vicepresident@jainsocietydc.org](mailto:vicepresident@jainsocietydc.org). Sponsorship amount is \$101.

### Paryushan Mahaparva 2021 - Program

This year, **Paryushan Maha Parva** starts from **Friday, September 3<sup>rd</sup>** and ends on **Friday, September 10<sup>th</sup>**. Please see below for all the details:

**Scholar:** We are pleased to announce that **Shri Shrenikbhai Gala** will be with us virtually during Paryushan Parva. He is a well-known Scholar and conducted Paryushan at various Sanghs in the USA as well. Daily Pravachans : All daily Pravachans and Swapna Ceremony live broadcast will be available at our [JSMW Youtube Channel](#) and via [Zoom](#)

**Swapna Darshan Ceremony & Nakra :** We will be celebrating Veer Prabhu's Janma Mahotsav on **Sunday, September 5<sup>th</sup> 2021**. [Click here to sign-up](#)

**Deravasi Pratikraman** : Daily Pratikraman will be conducted virtually (including Samvatsari Pratikraman) by Viralbhai Shah and Saurabhbhai Shah. *Dial-in Number: (774) 267-3008*

**Sthanakvasi Pratikraman** : Daily Pratikraman will be conducted virtually

*Dial-in Number: 305-848-8888, Code: 1089959820#*

**Lectures by Mahasatiji** : Daily by Param Pavitraji MS & Param Samyaktaji MS

Zoom Meeting - <https://us02web.zoom.us/j/5372943869?pwd=anhyZk1hUGM0YmZ0QzhhQUVRXpmQT09>

Meeting ID: 537 294 3869, Passcode: 108

#### Temple Darshan :

- The Derasar will be open for **Asthaprakari Puja & Darshan** during all Paryushan days. The temple will be open from 6:00 AM – 10:00 PM and **two families will be allowed at one time for 15 minutes**.
- Please do not bring any Rice, Fruits or Sweets during these days.
- The daily darshan slot of 8:00 pm – 8:30 pm will be reserved for the Aarti - Mangal Divo labharthi.
- Daily evening Aarti & Mangal Divo will be Fixed Nakro. [Click Here to Sign-Up](#).
- All members will be required to wear masks when visiting the temple for doing darshan.

#### Here are the details of the planned events:

JSMW - Paryushan Maha Parva Schedule 2021		
Day and Date	Time	Program
Friday, September 3, 2021 Saturday, September 4, 2021 Monday, September 6, 2021 Tuesday, September 7, 2021 Wednesday, September 8, 2021 Thursday, September 9, 2021	8:30 AM – 10:30 AM	Snatra Puja
	10:30 AM - 12:00 PM	Pravachan by Shrenikbhai Gala (Virtual) – Prabhu Mahavir ni Antar Sadhana
	6:30 PM - 8:00 PM	Deravasi Pratikraman (Virtual) – Viralbhai Shah & Saurabhbhai Shah
	6:25 PM – 8:10 PM	Sthanakvasi Pratikraman (Virtual)
	8:00 PM – 8:30 PM	Aarti - Mangal Divo (Virtual)
	8:30 PM - 9:45 PM	Bhakti Bhavna by Jaybhai + Pravachan (Virtual) – Shrivak no Gun Saundarya
	8:30 PM – 9:30 PM	Lectures by Mahasatiji in Hindi/English
Sunday, September 5, 2021 (Swapna Ceremony)	8:00 AM – 9:30 AM	Snatra Puja
	10:30 AM - 1:30 PM	Swapna Ceremony with Live Bhakti from India – Shrenikbhai/Jaybhai
	5:30 PM - 8:00 PM	Deravasi Chaudas Pratikraman (Virtual)
	6:25 PM – 8:10 PM	Sthanakvasi Pratikraman (Virtual)
	8:00 PM – 8:30 PM	Aarti - Mangal Divo (Virtual)
	8:30 PM - 9:45 PM	Bhakti Bhavna by Jaybhai + Pravachan (Virtual) - Shrivak no Gun Saundarya
Friday, September 10, 2021 (Samvatsari)	8:30 PM – 9:30 PM	Lectures by Mahasatiji in Hindi/English
	8:30 AM – 10:30 AM	Snatra Puja
	10:30 AM - 12:00 PM	Pravachan by Shrenikbhai Gala (Virtual) – Prabhu Mahavir ni Antar Sadhana
	4:00 PM - 7:30 PM	Deravasi Samvatsari Pratikraman (Virtual) - Viralbhai Shah & Saurabhbhai Shah
	6:00 PM – 8:00 PM	Sthanakvasi Pratikraman (Virtual)
	8:00 PM – 8:30 PM	Aarti - Mangal Divo (Virtual)
	8:30 PM - 9:45 PM	Tapasvi Bahuman

## Daslakshan Mahaparva 2021 Program

Due to the pandemic, JSMW once again will be partnering with 9 other Jain societies across the USA to provide a wonderful, bhakti-filled experience overall Daslakshan Mahaparva. Daily programs will consist of Pravachans, Abhishek, Pooja, Bhakti with a combination of live and virtual activities with all activities streamed through Zoom.

**Most activities are through a link from Jain Center of America (to be distributed).**

Timing	Event
6:00 to 6:30 am	Arhum Yog by Munishri Pranamya sagarji Maharaj ( <i>pre-recorded</i> )
7:00 to 8:00 am	Pravachan by Munishri Pramansagar ji Maharaj ( <i>pre-recorded</i> )
9:00 to 12:00 pm	Abhishek, Shantidhara, Solekaran, Panchmeru, and Das Lakshan Pooja ( <b>LIVE from JCA</b> )
1:30 to 3:00 pm	Tattvartha Sutra Vyakhya by Munishri Pramansagar ji Maharaj ( <i>pre-recorded</i> )
3:00 to 3:30 pm	Kids Pathshala for Ages 3 – 10 years ( <i>live, but tentative from NY</i> )
3:30 to 4:30 pm	Youth Workshop (Age 15 to adults) ( <i>live, but tentative from NY</i> )
6:15 to 7:30 pm	Bhavna & Aarti at Mandirji ( <b>LIVE from INDIA and Temples across USA</b> )
7:30 to 8:00 pm	Das Dharm Pravachan with Pandit Mahesh Kumarji Jain ( <i>live from India</i> )
8:00 to 10:00 pm	Pravachan by Munishri Pranamyasagar ji Maharaj and Panditji Maheshji ( <b>LIVE</b> ) (exact times TBD)

In addition, on  
**Saturday, September 11,**  
**Sunday, September 12**  
**Saturday, September 18**  
**Sunday, September 19**

9.00 AM-11.30 AM Abhishek, Dev Shashtra Guru and Daslaxan Pooja/Vidhaan **from our Jain Center In person (up to 50 people by sign-up) AND on Zoom**

Finally, on Sunday, September 19, Samvatsari Pratikraman in the afternoon (*Details TBD*)

There are sign-ups for general donations, various labhs and attending in person

**General Donations:** [Click here to sign-up](#)

**Das Lakshan Labhs:** [Click here to sign-up](#)

For any questions, contact Samir Tatiya ([samir.tatiya@gmail.com](mailto:samir.tatiya@gmail.com)), Aatam Dhanote ([adhanote@gmail.com](mailto:adhanote@gmail.com)) or Pavan Zaveri ([pavanzaveri@yahoo.com](mailto:pavanzaveri@yahoo.com)).

## TODAY'S GIRL TODAY'S WOMAN EVENTS

Today's Girl Today's Woman group has been extremely active and has been arranging events to help our members in various ways from physical and mental health to wealth management. Thanks to the group leaders for engaging us and keeping us active.

### 2ND HEALTH WARRIOR CHALLENGE

With the success of the 2020's Biggest Loser Challenge, TGTW organized our 2nd six weeks long successful Healthy Warrior Challenge from 27th Feb to May 2nd, 2021.

In addition to the community support, TGTW organized informative sessions such as nutrition and diet, yoga, Zumba, and meditation. Collectively as group we lost 44.3 inches and 71.4 lb. Winners of the latest challenge were Padma Shah, Vaishali Chheda, Nimesh Chheda.



### Financial Literacy Workshops

In July of 2021 TGTW invited Mr. Raju Desai to moderate a 3-week session on financial literacy. Topics covered were various retirement options like 401K, IRAs, Annuities, and College Savings plans, to name a few.



### IMPACT OF SOCIAL MEDIA ON YOUTH

On Feb 20<sup>th</sup>, 2021, as schools are virtual for almost a year, children and parents are feeling the stress of virtual learning, usage of electronics, social media, cyber bullying, etc. Medstar Health providers discussed the impact of social media on youth.

Additional one day sessions included an informative discussion regarding skin care, sleep disturbances, and wills and trusts.

To address COVID related issues, TGTW hosted events with local physicians on COVID, vaccines and a session on addressing mental health challenges during COVID.

## TREASURER'S REPORT – HISTORIC COLLECTION OF \$1,506,000 IN 2020

Below is a list of all donations above \$50 received between **Jan 1, 2021 and Jul 31, 2021**. Jain Society of Metropolitan Washington sincerely appreciates your generous donations. If we have missed anyone's name, or if you find an error, please let us know by sending an email to [Treasurer@jainsocietydc.org](mailto:Treasurer@jainsocietydc.org). The donation recognitions below are split between the donations toward the current temple, the new temple, and Covid-19 Relief fund (JAINA Campaign)

### CURRENT TEMPLE DONATIONS

TOTAL DONATION \$1,000 AND ABOVE			
Donor	Donation	Donor	Donation
Atul & Aruna Shah	\$ 2,000	Sheel & Tejal Lodaya	\$ 210
Vipul & Nilima Shah	\$ 1,908	Gautam Jain & Ruchil Barya	\$ 202
Natwarlal & Pushpa Shah	\$ 1,001	Mrugesh & Jasmili Majmudar	\$ 201
Praveen & Sunita Jain	\$ 836	Manish & Manisha Shah	\$ 151
Manoj & Kanta Dharamsi	\$ 831	Prakash & Trupti Shah	\$ 151
Satish & Mayuri Shah	\$ 751	Pranav J Vora	\$ 151
Gautam & Vandana Jain	\$ 615	Sheetal & Poonam Jain	\$ 151



Sharad & Sonal Doshi	\$ 526	Snehal & Sneha Shah	\$ 151
Jatin & Ami Shah	\$ 466	Ashok & Mina Shah	\$ 101
Kamlesh & Chandrika Shah	\$ 366	Gautam & Bijal Shah	\$ 101
Arvind & Nayana Mehta	\$ 365	Gautam & Dhruti Shah	\$ 101
Kamlesh & Gita Shah	\$ 365	Hitesh & Ripal Shah	\$ 101
Saurabh Dalal	\$ 313	Naresh & Indira Shah	\$ 101
Priyas & Ria Shah	\$ 302	Palak & Janki Shah	\$ 101
Ajay Jain	\$ 301	Piyush & Kalpna Srimal	\$ 101
Pavan & Meenal Zaveri	\$ 276	Priyank Chaudhary & Nidhi Jain	\$ 101
Brijesh & Hima Jain	\$ 251	Sunil & Seema Jain	\$ 101
Mahaveer & Anitha Nabiraj	\$ 251	Neelam Palamattom	\$ 100
Sushil & Asha Jain	\$ 251	Pragneshkumar & Sonal Shah	\$ 100
Vikas & Ruchi Jain	\$ 251	Pareesh & Shilpa Shah	\$ 60
Vinod & Seema Singhai	\$ 251	Pareesh & Kavita Modi	\$ 53
Autumn & Nidhi Dhanote	\$ 250	Jayant & Mrudula Shah	\$ 51
Pradhuman & Dhanlaxmi Zaveri	\$ 250	Rosen Jeffrey	\$ 50

## NEW TEMPLE DONATIONS

TOTAL DONATIONS \$10,000 AND ABOVE			
Donors	Donation	Donors	Donation
Kanu & Jyoti Doshi	\$ 75,000	Satish & Mayuri Shah	\$ 25,000
Pradhuman & Dhanlaxmi Zaveri	\$ 66,200	Pragneshkumar & Sonal Shah	\$ 22,000
Manu & Niru Shah	\$ 41,202	Dilip & Aruna Arwindekar	\$ 17,000
Manoj & Kanta Dharamsi	\$ 35,669	Rajen & Seema Shah	\$ 16,005
Arvind & Sanyukta Shah	\$ 32,385	Pavan & Meenal Zaveri	\$ 10,053
Dilip & Leena Parikh	\$ 25,000	Vishval & Pooja Mehta	\$ 10,000
TOTAL DONATIONS \$5,000 TO \$9,999			
Nilesh & Rupal Shah	\$ 8,900	Dipak & Jyoti Shah	\$ 5,001
Vipul & Nilima Shah	\$ 8,152	Harshid & Hemangini Shah	\$ 5,001
Anish Sheth	\$ 7,501	Ishan & Lopa Bhansaly	\$ 5,001
Amit & Harshada Patani	\$ 7,003	Jagdish & Sarala Doshi	\$ 5,001
Swetal & Darshini Shah	\$ 6,502	Sahil Raju Desai	\$ 5,001
Nayan & Jyotsana Shah	\$ 6,003	Saurabh & Priya Jain	\$ 5,001
Sushil & Asha Jain	\$ 6,001	Somil & Dipika Jain	\$ 5,001
Vikas & Ruchi Jain	\$ 5,303	Sudhir & Dharini Khona	\$ 5,001
Mahaveer & Anitha Nabiraj	\$ 5,220	Bhawanji & Kala Jain	\$ 5,000
Saurabh Dalal	\$ 5,005	Manoj & Sunita Jain	\$ 5,000
Autumn & Nidhi Dhanote	\$ 5,002	Pravin & Madhukanta Mehta	\$ 5,000
Aditya & Akruti Pancholi	\$ 5,001	Samir & Megha Tatiya	\$ 5,000
Akhil & Renuka Jain	\$ 5,001		
TOTAL DONATIONS \$50 TO \$4,999			
Nimesh & Vaishali Chheda	\$ 4,534	Mrugesh & Jasmili Majmudar	\$ 1,001
Jasvant & Urmila Doshi	\$ 4,253	Nilesh & Manna Shah	\$ 1,001
Umed & Shakuntala Shah	\$ 3,500	Nitin & Meeta Sogani	\$ 1,001
Praful & Chetna Dand	\$ 3,350	Prashant & Rajul Shah	\$ 1,001
Bachubhai & Hansa Ajmera	\$ 3,200	Ratilal & Rekha Chheda	\$ 1,001
Devang & Rani Ajmera	\$ 3,104	Sunil & Pallavi Dharamsi	\$ 1,001
Dilip & Kusum Dharamshi	\$ 3,003	Pareesh & Kavita Modi	\$ 1,000
Deepak & Sunila Merchant	\$ 3,000	Veeral Shah	\$ 1,000

Nisarg & Jigna Modi	\$ 3,000	Pankajkumar & Saritha Golecha	\$ 992
Nirav & Rishita Dagli	\$ 2,500	Ujjval & Deepal Shah	\$ 751
Shripal Shah & Ami Banker	\$ 2,500	Ramesh & Roopa Ajmera	\$ 500
Ashish & Jallika Tolia	\$ 2,002	Tejas & Falguna Dhami	\$ 351
Manan & Monali Shah	\$ 2,002	Vinod & Seema Singhai	\$ 250
Bhupesh & Yash Mehta	\$ 2,000	Subhash & Arti Choksi	\$ 215
Pulkit & Pratiksha Gangwal	\$ 1,993	Ashok & Mina Shah	\$ 201
Gaurav & Helli Shah	\$ 1,752	Nilesh & Megha Doshi	\$ 130
Anand & Sushama Jain	\$ 1,667	Chetan & Sonal Ajmera	\$ 101
Himanshu & Anusri Jain	\$ 1,500	Manoj & Shilpa Shah	\$ 101
Manohar & Kalpana Hegde	\$ 1,001	Sharad & Sonal Doshi	\$ 101
Hasmukh & Varsha Mehta	\$ 1,001	Tushar & Nishma Shah	\$ 101
Jay & Rakhi Jariwala	\$ 1,001	Arvind & Nayana Mehta	\$ 100
Kanti & Florentina Mehta	\$ 1,001	Dinesh & Bhavana Mehta	\$ 100

### COVID-19 Relief Fund

Sharad & Sonal Doshi	\$ 10,008	Nilesh & Megha Doshi	\$ 501
Kamlesh & Gita Shah	\$ 10,003	Pareesh & Shilpa Shah	\$ 501
Kanu & Jyoti Doshi	\$ 5,000	Prasanth & Nirmala Jain	\$ 501
Sandeep & Jhalak Mehta	\$ 2,501	Sanjay & Indu Jain	\$ 501
Hemant & Priti Sheth	\$ 2,002	Tushar & Nishma Shah	\$ 501
Umed & Shakuntala Shah	\$ 1,500	Vishal & Shweta Jain	\$ 501
Rohan Jain	\$ 1,002	Mahaveer & Anitha Nabiraj	\$ 500
Devang & Rani Ajmera	\$ 1,001	Devendra & Jayshree Shah	\$ 251
Encon Corporation	\$ 1,001	Bhavesh & Chhaya Shah	\$ 250
Sona Graphics Inc	\$ 1,001	Divyang & Kina Shah	\$ 250
Jatin & Ami Shah	\$ 1,000	Jay & Rakhi Jariwala	\$ 250
Tejas & Sangita Doshi	\$ 1,000	Sanjay & Sangeeta Shah	\$ 200
Amit & Harshada Patani	\$ 501	Hitesh & Ripal Shah	\$ 101
Ankitha Jain Kala	\$ 501	Nilesh & Manna Shah	\$ 101
Bhushan & Abha Parekh	\$ 501	Ojas D Shah	\$ 101
Chetan & Sonal Ajmera	\$ 501	Dinesh & Bhavana Mehta	\$ 100
Kantilal & Meeta Gangar	\$ 501	Elizabeth Mannick	\$ 50

### Donate to JSMW

Donating to JSMW is easy. Pick the way you prefer to send in your payment.

#### CHECK PAYMENT



- Mail in your checks: P.O. BOX 4548, SILVER SPRING, MD 20914
- Dropoff your checks at the Jain Center in the check box
- Hand deliver it to the treasurer or any of the EC members

#### ONLINE PAYMENT



- ZELLE – your payment to [treasurer@jainsocietydc.org](mailto:treasurer@jainsocietydc.org)
- ACH / E-Check / Credit Card / Debit Card <https://www.jsmw.org/supportjsmw>
- Pay on Facebook: <https://www.facebook.com/jainsocietydc>
- Pay through PayPal Giving Fund: <https://go.jsmw.org/2QvTqkX>

(For online payments, your donation receipts will be sent by Facebook/ PayPal, not JSMW)



# JSMW ACTIVITY CORNER

Paryushan and Das Lakshan Parva are soon arriving.

This is a time to break from routine life and reflect on our past conduct. Use this Activity Page to track your progress on your own self reflection. Being conscious of little changes can lead to big advances!

**Paryushan:** *Pari + Ushan means to burn all types of Karma. Identify how you are exercising one of the five essential activities of Paryushan. Also think about how you can incorporate these virtues in your day-to-day even after Paryushan is over.*

Amari Pravartan / Leading a non-violent life
Sadharmik Vatsalya / Respecting fellow humans and supporting humanitarian activities
Attham Tap / Observing fasts
Chaitya Paripati / Visiting Jain temples and supporting religious organizations
Kshamapana / Forgiveness

**Das Lakshana:** *Each day is dedicated to one virtue which is an inherent quality of the soul. Identify how you are exercising this virtue and think about how you can incorporate these virtues in your day-to-day even after Das Laskshana is over.*

Kshama / Forgiveness
Mardav / Modesty
Arjav / Straightforwardness
Shaucha / Contentment
Satya / Truth
Sanyam / Self-Restraint
Tap / Penance
Tyag / Renunciation
Akinchanya / Non-Attachment
Brahmachariya / Celibacy



# JAIN SOCIETY OF METROPOLITAN WASHINGTON

A NON-PROFIT TAX-EXEMPT RELIGIOUS ORGANIZATION, ID #54-1139623

RETURN ADDRESS: P.O. BOX 4548, SILVER SPRING, MD 20914

## CURRENT JAIN CENTER

1021 Briggs Chaney Road, Silver Spring, MD 20905

## NEW JAIN CENTER

4241 Ammendale Rd, Beltsville, MD 20705

## CONTACT

<http://www.jsmw.org> | [info@jainsocietydc.org](mailto:info@jainsocietydc.org)

Reserve & Pay Your Labh Online

[www.jsmw.org/build-our-temple/](http://www.jsmw.org/build-our-temple/)



Pillars of Strength  
**\$1,001**



Aradhana Sthal  
**\$2,501**



Kalpavruksh  
Leaf - **\$751**