



JAIN

SOCIETY OF METROPOLITAN WASHINGTON

A NON-PROFIT TAX-EXEMPT RELIGIOUS ORGANIZATION, ID # 54-1139623

JAIN CENTER LOCATION: 1021 BRIGGS CHANEY ROAD, SILVER SPRING, MD • PHONE: (301) 236-4466

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Gautam Shah, Editor

NO8-2

August, 2008

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President's Message

Jai Jinendra. With the grand success of our Mahavir Jayanti Program, I am amazed with the great support I am getting from volunteers, Swami Valsalya sponsors, and all Pathshala Teachers.

While our kids and youth are enjoying their summer vacation, a group of youth went to YJA convention in Chicago.

We are fortunate that Shree Shrutpragyaji Swami has kindly accepted our invitation to grace our Paryushan celebration. Details of Paryushan Parva celebration including our grand Swapna ceremony are provided in the Newsletter.

With our growing population, lots of activities are taking place in temple on a regular basis and it is creating a need for more maintenance of existing facility. Also with the increasing rates of all utilities, our expenses are draining available funds faster than the income from donations. Keeping all these factors in mind and considering temple as our second home, I urge you all to give generous donations.

A new carpet has been installed on the main floor of our Jain Center. Thanks to Metro Flooring for donating the carpet (material only) and to Nilesh Parikh for arranging the donation and taking time off to supervise the carpet installation.

Ashok R. Shah

Trustee's Report

The Board of Trustees have decided to allow members to stay at temple overnight during Paryushan and Das Lakshan Parva after signing a Liability Release form included in this Newsletter, and submitting a proof of their having medical insurance coverage. Other rules and regulations for overnight stay are given in the Newsletter.

The temple construction committee is working hard to make our dreams come true for new temple, one step at a time.

Atul Shah, Chairman, Board of Trustees

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UPCOMING EVENTS

Paryushan Parva Wed. Aug 27 to Wed. Sep. 3

We are pleased to announce that Shrutpragyaji Swami has kindly accepted to grace our Paryushan Parva celebration. Shrutpragyaji Swami is one of the most articulate, charismatic, and influential young spiritual leader of today. He has conducted seminars on Spirituality, Yoga, and Meditation. The main focus of his discourses are “Stress Management”, “How to Achieve Emotional Balance”, “A Healthy Lifestyle”, “The Art of Enlightenment” and “Jain Way of Living” We are very fortunate to host Swamiji for our Paryushan celebration.

During Paryushan, Swamiji will deliver discourses in Hindi during the morning and evening sessions. Evening Pravachan will be followed by Arti & Mangal Divo. The programs during the Paryushan Parva will be held at the Jain Center except for the Swapna Ceremony and Deravasi Samvatsari Pratikraman. The timings for Pravachans will be as follows:

Wednesday Aug 27 to Saturday Aug 30:

Morning Pravachan ... 10:30 a.m. – 12:15 p.m.
Evening Pravachan 8:15 p.m. – 10:00 p.m.

Sunday Aug 31

2:15 - 3:15 p.m. at High Point High School

Monday, Sept 1 & Tuesday, Sept 2:

Morning Pravachan ... 10:30 a.m. – 12:15 p.m.
Evening Pravachan 8:15 p.m. – 10:00 p.m.

Wednesday, Sept 3

Morning Pravachan ... 10:30 a.m. – 12:30 p.m.

Topics for his morning discourses will include: Ahimsa Paramo Dharma, Paryushan ke Panch Kartavya, Mahavir Bhagwan Mahavir Kaise Bane, Kal Aaj aur Kal Group Samayik, Mahavir Aur 11 Gandhar, and life stories of Jamali,

Gaushalak, Samrat Shrenik, etc. Topics for his evening discourses will include: Man ko Jeetne ke Upaay, Prasannata ke Tin Sutra, Vyavhar-Kushalta Ke Char Raste, Adhyatma kee Panch Kungi, Krodh Vijay ke Chhe Prayog, Mitchami Dukkadam Ke Saat Tarike.

Swapna Ceremony Sunday, Aug. 31 - 2:15 PM

Swapna Ceremony will be celebrated in High Point High School on Sunday Aug. 31, 2008. Program will start at 2:15 PM with a Pravachan by Shrutpragyaji Swami. Swapna Ceremony will start at 3:15 PM, followed by Parnu, Aarti, and Mangal Divo. During the Swapna ceremony, members will have the honor of carrying each Swapna to the beats of drums and music. Swapnas # 1, 2, 3, 5, 6 and 7 will be pre-assigned on a first come first served basis for a fixed donation as follows: \$401 each for Swapna #1 and 2; and \$501 each for Swapna # 3, 5, 6 and 7. Please call Ashok/Pallavi Shah at 301-260-1264 if you wish to take any of these Swapnas. Gheeboli will be performed for Lakshmi and other Swapnas that are not pre-assigned, and also for Parnu, Arti and Mangal Divo. Two or more families can join in Gheeboli or for the pre-assigned Swapnas.

The Swapna ceremony program will be followed by **Swami Vatsalya Bhojan** (dinner). The Swami Vatsalya Bhojan (dinner) will be sponsored by Arvind & Sanyukta Shah and Family.

If you want to participate in dinner, please inform us of the number of participants (adults, and children of age 4-11 & 12-17) by Wednesday August 27 by going on-line on our web site or calling Paresh/Shilpa Shah at 703-435-8118, Nilesh/Manna Shah at 410-531-6218, or Parimal/Shefali Dalal 301-890-3784. We will make arrangements for extra food to accommodate guests and members who have not sent their RSVP by August 27. Such individuals can participate in the dinner by

donating a minimum of \$8.00 per person to the Swami Vatsalya fund.

Directions to High Point High School located
At 3601 Power Mill Road, Beltsville, MD
- From Capital Beltway I-495, take I-95N
(From Baltimore, take I-95S to Washington)
- Take exit 29B, Rt. 212 (Power Mill Road)
towards Calverton.
- Drive 1.2 miles, school will be on your left.

Deravasi Samvatsari Pratikraman Wednesday, Sept 3 at 3:30 PM

Deravasi Pratikraman will be performed in Mangal Mandir on Wed. Sep. 3, 2008. Pratikraman program will start at 3:30 p.m. sharp with Gheeboli for reciting Pratikraman Sutra. Samvatsari Pratikraman will start exactly at 4:00 p.m. sharp. To avoid causing any disturbance while the Pratikraman is in progress, all Pratikraman participants are requested to come before 3:15 p.m. and be seated before 3:30 p.m. Please do not bring any children under the age of 8 years. After Pratikraman, Arti and Mangal Divo will be performed at Jain Center at 7:30 p.m.

Directions to Mangal Mandir located at 17110 New Hampshire Ave, Silver Spring, MD 20905 are given below:

- **From Jain Temple:** Turn left on Briggs Chaney Road and right on New Hampshire Ave. After 2 miles Mangal Mandir will be on your left (immediately after passing the traffic light for Ednor Road).

- **From I-495:** Take exit #28A for north New Hampshire Ave (Route 650N). After about 7 miles, Mangal Mandir will be on your left (immediately after passing the traffic light for Ednor Road).

- **From I-95 South:** Take exit 33B for Route 198 West towards Burtonsville. After about 4 miles, turn right at the traffic light for New Hampshire Ave. After about 1 mile, Mangal Mandir will be on your left (immediately after passing the traffic light for Ednor Road).

Pratikraman in English Wednesday, Sept 3 at 5 PM

Samvatsari Pratikraman in English will be performed at Jain Center stating at 5:00 p.m.

Tapasvi Bahuman Wednesday, Sept 3

Tapasvis (adults doing 3 or more consecutive Upwas, and children doing some Tapasya) will be recognized at the Jain Center after Arti & Mangal Divo at 7:30 p.m. Members are requested to provide names of persons performing Tapasya.

Sthanakwasi Samvatsari Pratikraman Thursday, Sept 4 at 4:30 PM

Sthanakwasi Samvatsari Pratikraman will be performed at Mangal Mandir on Thursday, Sept 4 stating at 4.30 PM.

Das Lakshan Parva Sept 4 to 14

Because of the unavailability of the invited speakers, the program is being revised. Details will be provided by e-mail. Please visit JainSocietyDC.org to provide your e-mail address. Alternatively, you may call Rajni Gosalia at 301-464-5947.

Overnight Stay At Jain Center

Adult Members (maximum of 20 people) are welcome to stay overnight at the Jain Center during Paryushan and Das Lakshan Parva celebrations as per rules and registration information provided in the next paragraph. Members will be required to sign the Liability Release Form included in this Newsletter and show proof of their medical insurance.

Kamlesh R. Shah has volunteered to coordinate registration for staying overnight during

Paryushan Parva. If you or a member of your family would like to stay overnight during Paryushan Parva, please contact Kamlesh Shah at 301-838-9778.

Rules and Regulations for Overnight Stay at Jain Center

Members of our Jain Society will be allowed to stay overnight at the Jain Center during programs scheduled at Jain Center, provided that they (1) sign and submit the Liability Release Form, (2) submit a proof of their having medical insurance coverage, and (3) make a donation for overnight stay in the amount stated below. Non-members will not be allowed to stay overnight at the Jain Center unless they become member to take advantage of this privilege.

The donation amount for overnight stay shall be \$8 per night with a maximum of \$40 for a period of up to 8 days during Paryushan Parva, and \$50 for a stay of up to 10 nights during Das Lakshan Parva. This donation does not cover any food or medical expenses incurred during stay at Jain center.

Donation for overnight stay at the Jain Center during other scheduled programs (e.g., Jain camp) will be decided by the Executive Committee.

Guest speakers or invitees getting honorarium from Jain Society for their services will be allowed to stay overnight at the Jain Center without any donation. They will be allowed to stay overnight at the Jain Center from one day prior to the commencement of the scheduled program until one day after the completion of the scheduled program.

Persons staying at the Jain Center shall maintain the facility in accordance to good safety and hygiene procedures. Prior to leaving the facility, all food (cooked or raw) must be removed, and trash must be taken out.

Pandit Dhirajlalji Mehta Pravachan Sept 15 to 18 at 8:30 PM

Pandit Dhirajlalji is a well know Jain scholar from India. He has kindly agreed to our invitation to grace our Paryushan Parva next year. This year he will be visiting us after his Paryushan and Das Lakshan Parva programs in Atlanta and New Jersey. His Pravachans in Gujarati will be held at Jain Center from Monday Sept 15 to Thursday, Sept 18 starting at 8:30 PM. Please do not miss an opportunity to listen to this great Jain scholar.

Nav Smaran Program Wednesday, Oct 29 at 8:30 PM

Nav Smaran (reciting of nine Stotras) will be held at the Jain Center on Wednesday Oct 29 starting at 8:30 PM.

Jain Sunday School Starts September 28 at 10:15 AM

Jain Sunday School for children age 6 to 17 is held twice a month from September through May from 10:15 a.m. to 12:30 p.m. It consists of 5 levels of classes (A thru E). Each student spends a minimum of 2 years in a class. A planned curriculum is followed for each class.

Enrollment is currently open to all members. The 2008-09 school year starts on September 28, 2008. The registration fee per student is \$25 if paid by August 31 and \$40 after August 31.

We urge all members to enroll their children as soon as possible and take advantage of this unique opportunity. Please, fill out the form located on our website. Forms will also be available during Swapna Ceremony. The website also provides the information on timetable and the curriculum.

PAST EVENTS

Mahavir Jayanti Celebration

We had very joyous and enthusiastic celebration of Mahavir Jayanti at High Point High School on April 20th. Pathashala children, youths and adults put on spectacular performances of religious dances, songs, prayers, and skits. We even had visiting sangh from Baltimore who performed skits and songs. The entire Samaj showed strong participation and raved the performances. A Swami Vatsalya Bhojan (dinner) following the celebration was attended by 650 Shravaks and Shravikas. A group of friends listed in 'Donation To Jain Society' paragraph sponsored the Swami Vatsalya Bhojan. A special thanks to all volunteers and participants who supported the celebration to make it a grand success. All the young artists were given trophies for their hard work and fantastic performance.

18 Abhishek and 108 Parshvanath Poojan

Narendrabhai Nandu and his group performed two religious ceremonies on July 27: 18 Abhishek on our deities starting at 9 a.m.; and 108 Parshvanath Bhagvan Poojan from 12:39 p.m. (Vijay Muhurt) to 6 p.m.. In addition to the religious rituals, the ceremonies included excellent musical performance by their group members. Poojan was followed by Aarti, Mangal Divo and Shanti Kumbh. Over 200 people took advantage of this auspicious occasion.

Swami Vatsalya lunch and diner were served. Dinner was prepared by volunteers. Thanks to: Pallavi A. Shah, Jyoti H. Shah and Neela D. Shah for preparing vegetables, Rice, Kadhi, Salad, chutney; Askok & Pallavi Shah for donating groceries; and following persons for preparing Puries: Gunvanti Bhavsar, Rajeshri Dalal, Veena Dand, Jhaver Ganger, Kalpana Hegde, Datta Khona, Ami J. Shah, Manna Shah, Mona Shah, Rita Shah, Shilpa P. Shah, Shilpa Udani, and Nirmala Vora.

Acharya Shree Chandanaji

We were very fortunate to host Acharya Shree Chandanaji and Sadhvi Shree Shubhamji at our center on Sunday, August 10. In addition to being Jain scholars, they are well-known for their performing a very large number of educational and humanitarian work in India through their Veerayatan organization. They are also working on establishing a Sarvoday Center in Tennessee and have already procured 560 acres of land for that purpose. Chandanaji gave an excellent Pravachan in Hindi, whereas, Shubhamji gave taught children in English.

ONGOING ACTIVITIES

Following are the details of the ongoing programs at the Jain Center:

- ✚ Bi-weekly Sunday School Pathshala will start in September. Please contact Pathshala coordinator Paresh Shah for any questions.
- ✚ Adult religious classes in are also held in parallel with Sunday School.
- ✚ Adult Adhyatmik studies each Sunday - 8:00 a.m. to 10:00 a.m.
- ✚ Abhishek each Sunday at 9:00 am
- ✚ Monthly Snatra Pooja (Sundays) - 10:30 a.m. followed by lunch
- ✚ Dev Shasta Guru Pooja on 1st Sunday of each month - 10:00 a.m. to 11:00 a.m. followed by lunch
- ✚ Monthly Executive Committee meeting 2nd Sunday of each Month - 1:30 p.m. Please contact Secretary Bhupesh Mehta for any questions.
- ✚ Seniors Night at Jain Center – Every 3rd Saturday of month.

Seniors Group

Group of seniors are holding regular meetings, generally on the 1st and 3rd Saturday of each month, to discuss various senior issues. For more information, please call Himmat Desai at 443-535-8973

Poojas

The Pooja Committee has been very busy performing various Poojas (Vastuk Pooja, Panch Kalyanak Pooja and Antaray Karma Pooja) at the residence of our members and also at the Jain Center. We want to thank the members of Pooja Committee for performing every Pooja with full dedication in a highly professional manner, and for their personal sacrifice to take spirituality to individual homes. If you wish to sponsor any Pooja, please contact Jyoti Doshi at 301-670-6844.

In addition to the above, a Snatra Pooja is performed once a month at the Jain Center. The Pooja preparation starts at 10.00 a.m. followed by the Pooja at 10.30 a.m. The Swami Vatsalya Lunch is served after the Pooja. If you and/or your family members plan to attend the Pooja and/or sponsor Swami Vatsalya lunch, please contact:

*Pallavi or Ashok Shah: 301-260-1264
e-mail: paril33@hotmail.com, OR
Manna or Nilesh Shah: 301-549-2776
e-mail: nilesh_shah99@yahoo.com OR
Shefali Dalal: (301) 890-3784*

YOUTH CORNER

Youth Jains Of America Convention

Nearly 800 people from across the US and around the world came to Chicago, IL, to participate in the Young Jains of America (YJA) convention on July 4th weekend.

It was a remarkable gathering of youth to celebrate their Jain faith and cultural heritage. More than a dozen young people from the DC area made the trip to Chicago to show their enthusiasm for Jainism and had the opportunity to meet hundreds of others who share in their passion.

This year's convention theme was "Generation Jain, Jainism Your Way." Using this premise as a frame work, attendees were able to delve into the depths of Jain theology and find new ways

to apply it to their lives here in the US. From exciting sessions dealing with conflict resolution, vegetarianism, meditation and Jain history; to cultural seminars which highlighted the best of Indian culture, including a mela and garba-raas dance -- participants thoroughly enjoyed the long weekend amongst their fellow Jains. For some in DC, it was their first convention and they were able to gain a glimpse of how others their own age address some of today's pressing issues from a Jain perspective. Indeed, there were also some who have attended many YJA events and were thrilled to continue the tradition and participate in the festivities. There are many opportunities throughout the year for youth from the Mid-Atlantic region to be involved with YJA and we are hoping to bring these events to the DC area. Please continue to look for information regarding these programs and encourage your kids to attend.

Chirag Shah and Rajiv Jain

Special Donations

Special donation of \$1001 was received from Sanjay & Sangeeta Shah to commemorate performance of Varshi Tap by Sangeeta.

Special Donation of \$555 was received from Manoj & Kanta Dharamsi for holding Siddha Chakra Pooja at their home performed by Narendrabhai Nandu and group.

Your E-Mail Address For Last Minute Updates

News updates including, newly arranged short-notice programs, last-minute change, and program reminders are being sent by e-mail to members. If you are not getting our e-mail notices, we do not have your correct e-mail address, and you are missing information of new programs or program changes. Please inform us of your e-mail address by sending an e-mail to our webmaster Janak Rajani at ReplyUrgently@gmail.com.

Newsletter Mailings

Are you aware that you can view and print your own copy of newsletter from the Jain Society's website before it is even released to the printer !! By receiving your own copy via email, you will not only receive it before everyone else who receives the hard copy, but you will be saving our cost of printing and mailing the Newsletters. To assist in saving dollars spent in printing and mailing Newsletters, please, simply access our website at www.JainSocietyDC.org and provide us your e-mail saying that you do not need a hard copy. We will send you notification of the release of the newsletter. While this is strictly voluntary, please consider the financial savings to our society.

HEALTH AWARENESS Cancer – An Update from John Hopkins Hospital

Cancer Cells:

- Every person has cancer cells in the body. These cancer cells do not show up in the standard tests until they have multiplied to a few billion. When doctors tell cancer patients that there are no more cancer cells in their bodies after treatment, it just means the tests are unable to detect the cancer cells because they have not reached the detectable size. Cancer cells occur between 6 - 10 times in a person's lifetime. When the person's immune system is strong, the cancer cells will be destroyed and prevented from multiplying and forming tumors.

- When a person has cancer it indicates the person has multiple nutritional deficiencies. These could be due to genetic, environmental, food and lifestyle factors. To overcome the multiple nutritional deficiencies, changing diet and including supplements will strengthen the immune system.

- Chemotherapy involves poisoning the rapidly-growing cancer cells and also destroys rapidly-growing healthy cells in the bone marrow, gastro-intestinal tract etc, and can cause organ damage, like liver, kidneys, heart, lungs etc. Radiation while destroying cancer cells also burns, scars and damages healthy cells, tissues and organs. Initial treatment with chemotherapy and radiation will often reduce tumor size. However prolonged use of chemotherapy and radiation do not result in more tumor destruction.

- When the body has too much toxic burden from chemotherapy and radiation, the immune system is either compromised or destroyed, hence the person can succumb to various kinds of infections and complications. Chemotherapy and radiation can cause cancer cells to mutate and become resistant and difficult to destroy. Surgery can also cause cancer cells to spread to other sites.

- Cancer is a disease of the mind, body, and spirit. A proactive and positive spirit will help the cancer warrior be a survivor. Anger, unforgiveness and bitterness put the body into a stressful and acidic environment. Learn to have a loving and forgiving spirit. Learn to relax and enjoy life.

- Cancer cells cannot thrive in an oxygenated environment. Daily exercise and deep breathing help to get more oxygen down to the cellular level. Oxygen therapy is another means employed to destroy cancer cells.

- An effective way to battle cancer is to starve the cancer cells by not feeding it with the foods it needs to multiply.

Diet:

- Avoid eating meat. Meat contains livestock antibiotics, growth hormones and parasites, which are all harmful, especially to people with cancer. Meat protein is difficult to digest and requires a lot of digestive enzymes. Undigested meat remaining in the intestines becomes petrified and leads to more toxic build-up.

Cancer cell walls have a tough protein covering. By refraining from eating meat, it frees more enzymes to attack the protein walls of cancer cells and allows the body's killer cells to destroy the cancer cells.

- A diet made of 80% fresh vegetables and juice, whole grains, seeds, nuts and a little fruits help put the body into an alkaline environment. About 20% can be from cooked food including beans. Fresh vegetable juices provide live enzymes that are easily absorbed and reach down to cellular levels within 15 minutes to nourish and enhance growth of healthy cells. To obtain live enzymes for building healthy cells, drink fresh vegetable juice (most vegetables including bean sprouts) and eat some raw vegetables 2 or 3 times a day. Enzymes are destroyed at temperatures of 104 degrees F (40 degrees C).

- It is best to drink purified water, or filtered, to avoid known toxins and heavy metals in tap water. Distilled water is acidic, avoid it. Avoid coffee, tea, and chocolate, which have high caffeine. Green tea is a better alternative and has cancer-fighting properties

- Sugar is a cancer-feeder. Cut off sugar intake. Note that sugar substitutes like NutraSweet, Equal, Spoonful, etc are made with Aspartame and are harmful. A better natural substitute would be Manuka honey or molasses but only in very small amounts.

- Avoid table salt which has a chemical added to make it white in color. Better alternative is Bragg's aminos or sea salt.

- Milk causes the body to produce mucus, especially in the gastro-intestinal tract. Cancer feeds on mucus. Cutting off milk and substituting with unsweetened soya milk will starve cancer cells.

- Some supplements build up the immune system (IP6, Flor-sence, Essiac, anti-oxidants, vitamins, minerals, EFAs etc.) to enable the body's own killer cells to destroy cancer cells.

Other supplements like vitamin E are known to cause apoptosis, or programmed cell death, the body's normal method of disposing of damaged, unwanted, or unneeded cells.

- *From an Article published by
John Hopkins Hospital*

ICE - "In Case of Emergency"
We all carry our mobile phones with names & numbers stored in its memory but nobody, other than ourselves, knows which of these numbers belong to our closest family or friends who need to be called in case of emergency.

If we were to be involved in an accident or were taken ill, the paramedic people attending us would have our mobile phone but wouldn't know who to call. The concept of "ICE" is a method of contacting your closest persons during emergency situations. As cell (mobile) phones are carried by the majority of the population, all you need to do is to store the number of a contact person or persons who should be contacted during emergency under the name "ICE" (In Case Of Emergency). For more than one contact name, simply enter ICE1, ICE2 and ICE3 etc.

The idea was thought up by a paramedic who found that when he went to the scenes of accidents, there were always mobile phones with patients, but they didn't know which number to call. He therefore thought that it would be a good idea if there was a nationally recognized name for this purpose. **In an emergency situation, Emergency Service personnel and hospital Staff would be able to quickly contact the right person by simply dialing the number you have stored as "ICE"**

DONATIONS TO JAIN SOCIETY (Over \$51)

Received as of August 8, 2008

(Does not include donations made by our members to other non-profit organizations)

Thanks to following members for their generous donations

Life Members:

\$151 Dinesh & Nayana Shah
 \$151 Vipul & Nilima Shah
 \$151 Sonal Sheth

3-Year Members:

\$51 Tejas & Kinal Doshi
 \$51 Vikas & Ruchi Jain
 \$51 Bharti & Dinesh Modi
 \$51 Pramod & Kalpana

Mahavir Jayanti Swamivatsalya and Trophy Sponsors

\$536 Paresch & Shilpa Shah	\$375 Dimple & Rupal Doshi
\$501 Jayesh & Rupa Mehta	\$375 Sharda Ben Doshi
\$411 Sharad & Sonal Doshi	\$375 Bhavesh & Chhaya Shah
\$401 Hemen & Bela Gandhi	\$375 Gaurav & Helli Shah
\$401 Gautam & Dhruvi Shah	\$375 Harshit & Hemangini Shah
\$400 Hitesh & Falguni Doshi	\$375 Jatin & Ami Shah
\$375 Anonymous Family	\$375 Nilesh & Dipti Shah
\$375 Sonal & Pragnesh Shah	\$375 Piyush & Rachana Shah

Mahavir Jayanti Donations

\$500 Bhandari Jaysingh & Sumangala	\$51 Sudhir & Dharini Khona
\$251 Apurva P Varia	\$51 Devang & Falguni Kinariwala
\$101 Rajiv & Vandana Shah	\$51 Nilesh & Minaxi Mehta
\$51 Kirit & Bharti Khajuria	\$51 Bhavik & Shrutee Shah

Special Donations

\$1001 Sanjay & Sangeeta Shah	\$555 Manoj & Kanta Dharamsi
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General Donations

\$251 Dilip & Kusum Dharamshi	\$101 Ashok & Pallavi Shah
\$201 Pawan & Nisha Jain	\$101 Mahesh & Premila Shah
\$200 Akshay & Shaila Shah	\$100 Pravin & Subhadra Shah
\$151 Pravin & Rashmi Bhavsar	\$51 Jagdish & Saroj Shah
\$150 Arvind & Sanyukta Shah	\$51 Kamlesh & Aruna Parekh

Pooja / Mangal Divo / Arti

\$75 Sanjay & Sangeeta Shah	\$71 Ramesh & Bharati Doshi
\$75 Has Mukh & Sudha Shah	\$71 Narendra & Jyotsna Goda

**18 Abhishek & 108 Parshvanath Poojan
Aarti, Mangal Divo & Shanti Kumbh**

\$1868	Kanu & Jyoti Doshi	\$150	Jatin & Ami Shah
\$552	Ramesh & Versha Mehta	\$101	Narendra & Datta Khona
\$403	Bhavesh & Nita Shah	\$101	Lalit & Hansa Mehta
\$252	Manoj & Kanta Dharamsi	\$101	Ashok & Pallavi Shah
\$202	Nimesh & Vaishali Chheda	\$101	Deepak & Neela Shah
\$202	Pratik G Shah	\$101	Hitesh & Jyoti Shah
\$171	Arvind & Nayana Mehta	\$101	Kalpesh & Komal Shah
\$151	Kanti & Meeta Ganger	\$101	Fakirchand & Manju Dalal
\$151	Manohar & kalpna Hegde	\$101	Taraben Dhila
\$151	Sheel Lodaya	\$86	Shilpa Udani
\$151	Ajit & Shilpa Shah	\$76	Apurva & Kalpna Varia
\$151	Kiran & Rita Shah		
\$151	Talak & Ranjan Shah		

Pathshala Swamivatsalya Sponsors

\$201	Satish & Mayuri Shah	\$121	Bijesh R & Minal B Shah
\$150	Dimple & Rupal Doshi	\$121	Falgun & Rupal Shah
\$145	Subhash & Arti Choxi	\$121	Manish & Nina Shah

Pooja

\$1,111 - Satish & Mayuri Shah
\$1001 - Prakash & Kirtida Mehta
\$ 501 Sailesh & Mona Shah
\$301 - Reeta A (Trust) Shah

Snatra Pooja

\$225 - Jaysingh & Sumangala Bhandari
\$ 151 - Lalit & Hansa Mehta
\$51 - Bipin C Shah

Jeev Daya

\$101 – Lalit & Hansa Mehta



JAIN

SOCIETY OF METROPOLITAN WASHINGTON

MAILING ADDRESS: P.O. BOX 4548, SILVER SPRING, MD 20914

Web address: www.JainSocietyDC.org

**ADDRESS SERVICE REQUESTED
FORWARDING POSTAGE GUARANTEED**

Upcoming Events for 2008

Twice a Month Starting Sunday Sept 28 @ 10:15 A.M.....Pathshala (Adult & Children)
Sundays @ 8:00 a.m. Adult Adhyatmik Studies
Sundays @ 9:00 a.m.Abhishek
Sundays 1st @ 10:00 a.mDev Shasta Guru Pooja
Sundays Monthly @ 10:30 a.m.Snatra Pooja
Sunday, July 27 @ 8:30 A.M.....18 Abhishek
Sunday, July 27 @ 12:39 P.M. 108 Parshwanath Poojan
Sunday Aug 10Acharya Shree Chandanaji and Sadhvi Shree Shubhamji
Wednesday, Aug 27 – Wednesday, Sept 3Paryushan Parva with Shrutpragyaji Swami
Sunday, Aug 31 @ 2:15 P.M.Swapna Ceremony
Wednesday, Sept 3Samvatsari Pratikraman
Thursday, Sept 4 Sthanakwasi Samvatsari Pratikraman
Thursday, Sept 4 – Sunday, Sept 14 Das Lakshan Parva
Monday, Sept 15 – Thursday, Sept 18Pandit Dhirajlalji Mehta
Wednesday, Oct 29 @ 8:30 PMNav Smaran
Sunday, December 14 Annual General Meeting and Elections



JAIN

SOCIETY OF METROPOLITAN WASHINGTON

A NON-PROFIT TAX-EXEMPT RELIGIOUS ORGANIZATION, ID # 54-1139623
JAIN CENTER LOCATION: 1021 BRIGGS CHANEY ROAD, SILVER SPRING, MD • PHONE: (301) 236-4466
MAILING ADDRESS: P.O. BOX 4548, SILVER SPRING, MD 20914

RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT **For extended visit at the Jain Center**

For: _____
(Full name of the person staying overnight at the Jain Center)

I/we hereby agree to release, wave and discharge Jain Society of Metropolitan Washington and its office bearers from ALL liabilities related to the stay of above person at the Jain Center, and waive our rights to any claim for compensation for any illness or all types of injuries and resulting pain which may result from or during the stay.

In consideration of being permitted to visit Jain Center facilities for period beyond normally accepted (i.e., over night stay, over 8 hrs visit, etc.), each of the undersigned, for himself/herself, his/her personal representatives, heirs and next of kin:

1. Hereby releases, waives, discharges and covenants not to sue the facility, its officers, volunteers, agents, and employees, all for the purpose herein referred to as "releases" from all liability to his undersigned, his personal representatives, assigns, heirs and next of kin for any and all loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned arising out of or related to such visit whether caused by the negligence of the releasees or otherwise.
2. Hereby agrees to indemnify and save and hold harmless, the releasees and each of them from any loss, liability, damage, or cost, they may incur arising out of or related to such visit whether caused by negligence of the releasees or otherwise.

I/we have read the release and waiver of liability and indemnity agreement, fully understand its terms, understand that I/we have given up substantial rights by signing it and have signed it freely and voluntarily without any inducement, assurance or guarantee being made to me/us and intend my/our signature(s) to be a complete signature and unconditional release of all liability to the greatest extent allowed by law.

I/We hereby certify that the above person is covered by medical insurance plan, a copy of which is attached.

Member's Full name: _____ Signature: _____

Member's Full name: _____ Signature: _____

Signature of person staying at Jain Center: _____

Members' Address: _____

Members' Phone Numbers (Home): _____ (Cell) _____

Emergency contact/ Legal Guardian: _____ Phone: _____

Family Doctor's Name: _____ Phone: _____